MAGIC IN PRACTICE
THE BASICS OF MAGIC

WHAT IS MAGIC?

Magic is the art of producing a desired effect through the use of spells and rituals. The true nature of magic – whether it’s the result of a “universal sympathy,” a collaborative effort by various deities, or something else altogether – is not fully understood.

According to Sir James George Frazer (1858-1941), a social anthropologist whose work focused on mythology and comparative religion, magic relies on two basic principles:

Principle of Similarity – Also known as “association of ideas,” this principle asserts that causality is inferred where it might not otherwise have been. In magic, herbs and reagents are ordered in categories based on their traditional association with celestial bodies in our solar system. During rituals, these herbs are burned to corroborate the intentions of the magician; for example, a magician attempting to cast a love charm would burn herbs and reagents associated with Venus on a Friday. This logic relies on the causal inference that Venus, roses, and Fridays are associated with love acquisition. It is also associated with karma and karmic retribution.

Principle of Contagion – This principle asserts that objects that come in contact with one another will continue to influence each other even after the contact is broken. In magic, every object and action is said to generate magical energies, which can be absorbed and released. This process occurs whether the participants are aware of it or not; magicians, in being mindful of it, can manipulate this curiosity of energy dispersal to project their will. It is also associated with magic circles and enchanted items.

Simply put, magic incites causality where it otherwise wouldn’t have existed and transfers through objects, environments and people.

Despite its mysterious origins, magic is known to follow natural laws. Among other things, magic cannot:

- Change your physical features (eye color, skin tone, height, etc.)
- Morph you into a non-human entity (vampires, werewolves, mermaids, etc.)
- Defy physics (levitation, invisibility, etc.)
- Create or manipulate matter (conjuring flames, ice, lightning, etc.)
- Change the weather

Always be skeptical of magicians claiming to be capable of any of the above.

MAGICIANS

Magician is the generalized title to describe anyone who studies magic, but they go by many names. The following table lists off several commonly used titles, ordered based on their
Historically, magicians have occupied a place of spiritual exaltation in their communities. Modern magicians can join a coven, or a group of magicians operating hierarchically, to gain prestige in the current magical community; this is particularly true of magicians specializing in white magic. However, most magicians are content to practice in obscurity in the privacy of their own homes (or alone in nature).

**MAGIC AND RELIGION**

Magical practice is not relegated to one religion. It has historical origins in many old world religions, as well as modern practices, worldwide. These include:

- **Shamanism**
  - Native American, Amazonian, African, Australian, etc.

  Shamans are individuals who, through entering altered states of consciousness, gain access to spiritual entities and higher planes of existence. Some obtain these states through ritually conceived brews and potions, the most well-known of which is ayahuasca, a tea brewed from DMT (dimethyltryptamine) containing plants. Access to the higher planes grants them powers of divination and healing. Native American medicine men and women are called *hatalii*; Amazonian healers are called *curanderos*; African shamans are called *sangoma*; and Aboriginal shamans, or ‘clever man/woman,’ are called *kadji*.

- **Druidism**
  - Gaelic, Celtic, etc.

Very little is known about ancient druidic practice. Isolated accounts from Greek and Roman scholars acknowledge their existence, but they could only speculate on what occurred during their rituals. Irish, Welsh, and English sources refer to magicians and magic as *dry* and *drycraeft* respectively. Modern “druids” practice nature worship and revere Gaia, or Mother Earth.
- **Voodoo**
  - Haitian, Louisiana (or New Orleans), West African, etc.

Voodouists, or practitioners of voodoo, believe in a distant creator god called Bondye. Bondye, however, does not interfere in human matters, so voodouists worship the loa, spirits subservient to the will of Bondye. Male priests are called *houngan*, and female priests are called *mambo*. Those who have achieved the highest spiritual tier in Haitian voodoo are called *bokor*. They are simultaneously healers and bringers of death, both feared and exalted within their communities. Bokor communicate with loa through elaborate rituals and ceremonies involving music, dance, trances and spiritual possession. The New Orleans branch of voodoo mixes its roots in West African Vodun with Catholic saints.

- **Wicca**
  - Gardnerianism, Cochrane’s Craft, eclectic Wicca, etc.

Wicca is a neopagan religion that draws from ancient mysticism. It is duotheistic, worshipping the Goddess (the feminine aspect) and the Horned God (the masculine aspect). Their commonly cited code of ethics is called the Wiccan Rede, though it has many variations and offshoots. The primary branches of British Wicca are Gardnerianism, established in 1939 by Gerald Gardner, and Cochrane’s Craft, established in 1951 by Robert Cochrane and his Clan of Tubal Cain. Eclectic Wicca – offshoots of Wicca set by small, insular covens – is more common in the United States. Female wiccans are called *witches*, and male wiccans are called *warlocks*.

- **Paganism/Heathenism**
  - *Asatru* (Norse neopaganism), Egyptian neopaganism, etc.

“Paganism” has historically referred to many world religions, namely those unaffiliated with the major three – Christianity, Judaism and Islam. “Neo-paganism” refers to modern worship of ancient deities. Asatru, for example, is a neo-pagan slant on Norse Aesir worship. (Two sub-groups of Asatru are Vanatru, or worship of Norse Vanir, and Rokkatru, or worship of Norse Rokkr, underworld deities such as Loki.) Egyptian neopaganism is also common.

- **Satanism**
  - Luciferianism, Biblical Satanism, LaVeyan Satanism, etc.

Satanism is a catch-all term for anyone who worships Satan. Satan as a religious figure has had many manifestations throughout history, and the various religions that revere him reflect this fact. Luciferians revere him not as the devil, but as a true god in opposition to Jehovah. Biblical Satanism is what the uninitiated think of when they use the term “Devil-worship.” LaVeyan Satanism was founded in 1966 by Anton LaVey, also known as the ‘Black Pope’ of the Church of Satan. Ever the showman, and imbued with a lifelong disdain of Catholicism, LaVey adopted the symbol of Satan to represent the amoral dictates of nature and espoused self-worship through dramatic rituals and incantations.
- **Old Testament mysticism**
  - Kabbalah

  Magico-theurgical Kabbalah attempts to manipulate the Divine world and the physical realm through white magic. It finds its origins in medieval Jewish mysticism, and has experienced many a resurgence throughout history relating to the periods of persecution and genocide against followers of the Jewish faith. The Zohar, a collection of writings related to the mystical aspects of the Torah, cosmogony and mystical psychology, is the primary reference of Kabbalah practitioners. Kabbalah reveres the Sephirot (or sephiroth; sefirah in the singular form), or the ten attributes of God.

- **Christian sorcery**
  - ‘Christian Wicca’

  Some Christians have blended a liberal interpretation of the Bible with the magical practices found in Wicca. They’ve adapted the Wiccan Rede’s primary clause of ‘bring harm to none’ to reflect the emphasis on forgiveness and empathy lauded by Jesus Christ, and are thus forbidden from using curses. Their belief is that the clauses within the Bible condemning witchcraft are reserved for those who use its power for selfish gain or to inflict pain on others.

Those interested in pursuing magic are welcome to select any spiritual inclination they choose, as often religious iconography assists people in accessing their latent magical intuitions – or, if they prefer, none at all.

**Types of Magic**

Although the specific deity worship implicit within a spell may differ, most branches of magic can be summed up into different ‘types’ or ‘styles.’ These are common tropes used universally when casting spells. Some magicians focus on one particular element, whereas others use a blend of some or all of them. They include:

**Circle magic** uses magic circles to create a ‘pocket universe’ that bridges the gap between ordinary and non-ordinary reality.

**Candle magic** focuses on the use of reagents, particularly candles, for use as an offering or to ‘focus magic energies.’

**Doll magic**, also known as ‘sympathetic magic,’ uses dolls, mannequins, ‘poppets’ and other humanoid analogs during spells to focus magic energy, positive or negative, on a particular recipient.
Voice magic eschews all ritual preparedness for the magic potential in your voice alone. Invocations are its emphasis.

This guide gives an overview of all of the above, as novices should explore all the varieties available to them before settling on a specialty, if they ever choose to pick one,

**KARMA AND KARMIC RETRIBUTION**

Magic can be further divided into two disciplines: white magic (Wicca, druidism, the ‘right-hand path,’ etc.) and black magic (paganism, heathenism, Satanism, the ‘left-hand path,’ etc.). White magic respects a target’s free will and is said to bring good karma; black magic removes a target’s free will and is said to bring bad karma.

The disclaimers “white” and “black” are not meant to reinforce the fallacious conceptualization of magic as a dichotomy between “good” and “evil.” Instead, magic can be thought of as two ends of a spectrum between order – white – and chaos – black.

The universe, on the whole, is an ordered being, though the order it presupposes is not obliged to operate based on our assertion of what is “right” or “wrong.” This is because at our most basic level, human beings are barely distinguishable from the universe we inhabit. We are not chemically dissimilar to our environment, or even other organic things. The universe, therefore, does not recognize the arbitrary distinctions we’ve placed upon our fellow living being; we are all extensions of the Source.

When magicians perform white magic, they are behaving at a higher spiritual level in accord with the patterns the universe has already designated. They become hyper-efficient agents of order, and the good luck they experience is the universe allocating its resources to them.

When magicians perform black magic, they are behaving antithetically to the universe’s designated order. They are attempting to amputate themselves from the Source to become deities, and the bad luck they experience is the universe purging them like antibodies within our own body purge an infection.

**Karma** is the term magicians use to describe the ‘luck’ that follows after casting spells. Some magicians subscribe to the Law of Three (also called the Three-Fold Law), which states that whatever energy you return to the universe – white or black – will be returned to you three times over.

“The nature of this three-fold return can perhaps be better understood when considering the cause and effect principle of a spell. Let’s take an example: Someone comes to you in distress with a problem. You help by sending out positive energy and the problem is successfully resolved. This automatically makes you feel good about yourself and influences your thoughts; thus your state of consciousness is altered.
In turn your thoughts stir the emotions; which has a physical effect in the body by causing glandular secretions to enter into the blood stream. The resulting state of mind and body lifts your spirit, which is what makes you feel good. Thus, with the act of a single good deed you have been affected three times in mind, body, and spirit. This then is your three-fold response to the return of positive energy. Now consider your response had you sent out negative energy or something went drastically wrong.” (From an article on spellsofmagic.com.)

Whether you choose to specialize in one discipline or use them both, all magicians should be keenly aware of karmic repercussion – the unexpected consequences of casting spells. Not everything brought into our lives, even under positive guises, is intended to work toward our benefit, and sometimes the negativity we attempt to project works to the benefit of the victim. Philosophers call this the problem of ignorance, which simply states that we do not know everything. Cosmic humility is the hardest magical skill to learn.

**Magical Physiology**

**Chakras** are nodules along the energy channel of the body, which runs from the tailbone up the spine to the brain stem. All magical energies have their root at the first chakra at the base, then move up through your body to the very top of your skull.

The seven most commonly cited are:

- **Sahasrara, the Crown Chakra** – represented by a violet-colored, thousand-petaled lotus; associated with pure consciousness and unity with the Source

- **Ajna, the Brow Chakra (or ‘third eye’)** – represented by an indigo-colored, two-petaled lotus; associated with access to magical energies and intuition

- **Vishuddha, the Throat Chakra** – represented by a blue-colored, sixteen-petaled lotus; associated with communication, emotional expression, and maturity

- **Anahata, the Heart Chakra** – represented by a green-colored, twelve-petaled lotus; associated with passion, devotion, and love for ourselves and others

- **Manipura, the Solar Plexus Chakra** – represented by a yellow-colored, ten-petaled lotus; the emotional center of the body

- **Swadhisthana, the Sacral Chakra (or ‘dan tien’)** – represented by an orange-colored, six-petaled lotus; the magical center of the body
**Muladhara, the Base Chakra (or ‘root’)** – represented by a red-colored, four-petaled lotus; associated with instinct, raw emotional energy and basic human potentiality

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**SEED SOUNDS**

Each of the seven chakras has a *bij mantra*, which is Sanskrit for **seed sound**. These are simple vowels a magician can chant during meditation to access the corresponding chakra. The seven chakras are also associated with the seven notes in the musical scale.

<table>
<thead>
<tr>
<th>Chakra</th>
<th>Seed Sound</th>
<th>Musical Note</th>
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<tbody>
<tr>
<td>Crown*</td>
<td>AH (pronounced OOH)</td>
<td>B</td>
</tr>
<tr>
<td>Third Eye*</td>
<td>AUM (pronounced OOHM)</td>
<td>A</td>
</tr>
<tr>
<td>Throat</td>
<td>HAM (pronounced YAAHM)</td>
<td>G</td>
</tr>
<tr>
<td>Heart</td>
<td>YAM (pronounced HAAHM)</td>
<td>F</td>
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<tr>
<td>Solar Plexus</td>
<td>RAM (pronounced RUUHM)</td>
<td>E</td>
</tr>
<tr>
<td>Sacral</td>
<td>VAM (pronounced FVAAHM)</td>
<td>D</td>
</tr>
<tr>
<td>Base</td>
<td>LAM (pronounced LUUHM)</td>
<td>C</td>
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</tbody>
</table>

* Some citations say the crown seed sound is AUM, and the third eye seed sound is SHAM.

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**MEDITATIONS TO OPEN AND CLOSE THE “THIRD EYE” CHAKRA**

Magicians are particularly interested in accessing the brow chakra, or **third eye**. It is the nodule on the energy pathway of our bodies that releases and absorbs magical energy. The following meditation is used to open your third eye.

**OPENING YOUR THIRD EYE**

1. Find a spot on the floor where you can sit up straight.

2. Center yourself. Straighten your back, relax your shoulders and cross your legs by tucking your ankles under your calves. Rest your hands in your lap with your palms facing up.
3. Recite the following incantation:

   *AUM (pronounced OOOOHM)*

   Pronounce it by inhaling audibly through your nostrils, and direct the stream of air to the point between your eyebrows.

   Do the recitation with every breath.

4. Visualize.

   In magic, visualization is the most important part of the ritual; it is how you channel your intent into the universe, thereby generating the results you desire. Associations used in spell casting, which are covered later, can help you focus your visualization. For now, picture a closed eye situated on your forehead opening slowly. Imagine magical energies in the form of a multi-colored, warm light entering your body through the newly-opened eye.

   Sometimes it is necessary to close your third eye. Constant psychic bombardment can prove overwhelming and distracting. This meditation will close your third eye, thereby (temporarily) severing your connection to the astral plane.

**CLOSING YOUR THIRD EYE**

1. Find a spot on the floor where you can sit up straight.

2. Center yourself. Straighten your back, relax your shoulders and cross your legs by tucking your ankles under your calves. Rest your hands in your lap with your palms facing up.

3. Recite the following incantation:

   *AUM (pronounced OOOOHM)*

   Pronounce it by inhaling audibly through your nostrils, and direct the stream of air to the point between your eyebrows.

   Do the recitation with every breath.

4. Press your thumb between your eyebrows and your pointer finger against the top of your forehead, just under your hair line (use your dominant hand). Draw your finger downward,
“pinching” your third eye shut. Visualize your third eye’s lids being gently closed, like a curtain being drawn; imagine a beam of light emanating from it as you do, and observe as it narrows and eventually disappears as the lids are drawn shut.
**SETTING A DATE**

**NUMEROLOGY**

Numerology is the study of the causal link numbers have on fate.

Numerology finds its roots in the teachings of Pythagoras (570-495 B.C.), a Greek mathematician and philosopher. He believed that the whole universe was made up of vibrations that, through the motion of the planets, generated a “universal symphony.” In this spirit, numerology endeavors to pinpoint the “vibration” of a thing and tune its frequency to better harmonize with the universe.

There are two main subjects of interest in using numerology to make predictions: names and dates. Numerologists derive your name number, your heart number, and your personality number from performing simple math on the integers in your name. Numerologists derive your birth number, your personal year number, and your personal month number from performing simple math on the integers in dates significant to you.

To calculate your numbers, you must first consult a numerology system chart. The practice of numerology also has its origins in Jewish mysticism, so the traditionally consulted system orders the letters of the alphabet based on the Hebrew language from numbers 1 through 8. Translated into English, it looks like this:

**Numerology Table (Traditional, Hebrew)**

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
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<tbody>
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<td>A</td>
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<td>J</td>
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<td>S</td>
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<td>X</td>
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Modern numerologists consult a different system, this one based on English letters from numbers 1 through 9:
For purposes of this guide, I use the modern system.

To calculate your name number, write out your full name.

**J O H N S M I T H**

Replace each letter in your name with the integer its associated with.

\[1 + 6 + 8 + 5 + 1 + 4 + 9 + 2 + 8\]

Add all of those integers together. If they result in a number higher than 9, you add the two subsequent integers together (for example, if you get a 12, you add 1 + 2 to make 3) until they result in a single integer from 1 to 9. There are only two exceptions: if your calculations yield an 11 or a 22, keep them.

In the case of John Smith, it results in a 44, which, added together, makes an 8. Therefore, John Smith’s **name number** is 8. This number represents his destiny.

To calculate your heart number, you do all of the above with just the vowels.

**J O H N S M I T H**

\[6 + 9 = 15\]
\[1 + 5 = 6\]

Therefore, John Smith’s **heart number** is 6. This number represents his subconscious ambitions.

To calculate your personality number, you do all of the above with just the consonants.

**J O H N S M I T H**

\[1 + 8 + 5 + 1 + 4 + 2 + 8 = 29\]
\[2 + 9 = 11\]

Therefore, John Smith’s **personality number** is 11. This number represents how others perceive him.
Once you’ve calculated all three numbers, you can now consult the numerological associations of those integers to reveal a person’s essence.

**NUMEROLOGICAL ASSOCIATIONS**

<table>
<thead>
<tr>
<th></th>
<th><strong>“The Number of the Leader”</strong></th>
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<tbody>
<tr>
<td>1</td>
<td>The number 1 represents fixity of purpose and closeness to the Source. They are driven, dedicated and ambitious, but their calling is not for personal gain; rather, their motivation is idealistic. Odd integers like 1 have historically had a “good” connotation. People with elements of 1 in their name make excellent leaders. Viewed positively, they are individualistic, pioneering, proud, courageous and pragmatic; viewed negatively, they are stubborn, domineering, self-centered and demanding.</td>
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<tr>
<th></th>
<th><strong>“The Number of the Advisor”</strong></th>
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<tbody>
<tr>
<td>2</td>
<td>The number 2 is considered an “antithetical” digit due to its opposition with 1. For this reason, even integers have historically had an “evil” connotation. It is also the fundamental feminine digit, as it reconciles the beginning of the number sequence – 1 – with the rest of the integers. 2’s are natural ambassadors, gifted with the ability to efficiently micro-manage others based on their unique talents. People with elements of 2 in their name make excellent negotiators and advisors. Viewed positively, they are peaceful, sensitive, intuitive and supportive; viewed negatively, they are manipulative, passive-aggressive, shy and overly co-dependent.</td>
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<tr>
<th></th>
<th><strong>“The Number of the Artist”</strong></th>
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<tbody>
<tr>
<td>3</td>
<td>The number 3 represents creative expression and dramatic flair. 3’s are energetic, charismatic and superficially attractive. Whatever they do or whoever they’re with, they cause a splash. A triangle has 3 points, and represents the first of the geometric shapes to enter into three-dimensions (a line, a 2D shape, has 2 points), giving them a ‘surface-level’ quality. 3 is also the number of creation, sexuality and eroticism. People with elements of 3 in their name make excellent artists and entertainers. Viewed positively, they are friendly, romantic, witty and popular; viewed negatively, they are vain, gaudy, fickle and egotistical.</td>
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<tr>
<th></th>
<th><strong>“The Number of the Laborer”</strong></th>
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<tbody>
<tr>
<td>4</td>
<td>The number 4 represents simplicity and stability. It is said to be an unlucky number because it does not beget a “higher” calling. 4’s influence comes with difficult, inglorious labor that the rest of society nevertheless needs to function properly. Their needs are simple and practical; they pine for little else but the satisfaction of a hard day’s work. People with elements of 4 in their name make excellent ground-level workers, especially when they’re using their hands. Viewed positively, they are practical, reliable, loyal and hard-working; viewed negatively, they are stubborn, jealous and quick to anger.</td>
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<tr>
<td>5</td>
<td>“The Number of the Wanderer”</td>
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<tr>
<td></td>
<td>The number 5 represents change and freedom. 5’s are born with an unquenchable wanderlust that takes them to paths less traveled, and are easily agitated by being confined to routine. They tend to fear commitment. 5 is also the number of eroticism and masculine desire, because 5 combines 2 (the essential feminine) and 3 (the number of creation). People with elements of 5 in their name make excellent explorers and writers, but they do well in any vocation that involves lots of travel. Viewed positively, they are humorous, laid-back, resourceful, worldly and charming; viewed negatively, they are unreliable, impulsive, sarcastic, lecherous and moody.</td>
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<tr>
<th>6</th>
<th>“The Number of the Mediator”</th>
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<td></td>
<td>The number 6 represents harmony and domestic happiness. Because 6 is a perfect number (3 + 3 = 6, 4 + 2 = 6, 5 + 1 = 6, etc.), it represents a balancing of all other numerological influence. 6’s are family-oriented and pacifistic. Their calling in life is carving a comfortable niche for themselves; they do not desire anything greater than their friends and family’s happiness. People with elements of 6 in their name make excellent peacemakers, counselors and mediators. Viewed positively, they are unselfish, empathetic, honorable and just; viewed negatively, they are meddling, intrusive, nagging and subversive.</td>
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<tr>
<th>7</th>
<th>“The Number of the Magician”</th>
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<tbody>
<tr>
<td></td>
<td>The number 7 represents intellectualism. 7 has a mysterious, magical influence; there are seven celestial bodies in our solar system visible with the naked eye, seven notes in the musical scale, seven days of the week, seven bodily chakras and seven colors in the spectrum. It is associated with esoteric knowledge and the wisdom of the ancients. 7’s are often poorly understood and spend their whole lives looking for a place to belong. People with elements of 7 in their name make excellent philosophers, scientists and magicians. Viewed positively, they are mystical, spiritual, introspective, intuitive, clever and discreet; viewed negatively, they are stand-offish, withdrawn and overly-critical.</td>
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<tr>
<th>8</th>
<th>“The Number of the Politician”</th>
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<tr>
<td></td>
<td>The number 8 represents fame, power and fortune. 8 combines 2’s power of negotiation with 4’s connection to worldly endeavors. However, whereas 4’s are relegated to the tedium of hard work the rest of their lives, 8’s toil is rewarded with wealth and power, at the cost of 4’s stability. When they are successful, they are wildly successful; when they are unsuccessful, they crash and burn spectacularly. People with elements of 4 in their name make excellent entrepreneures and politicians. Viewed positively, they are auspicious, self-motivated, successful and influential; viewed negatively, they are narcissistic, power-hungry, domineering and hypocritical.</td>
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| 9  | “The Number of the Priest” |
The number 9 represents spirituality. 9 combines the fertile power of 3 thrice over, giving it strong creative potential. 9, as the end of the number sequence, is the last single-digit number, and therefore the conduit through which the other numbers communicate with “higher” sequences. People with 9’s in their personality profile are driven by a love of all people and things, but their methods of communicating this love are often unconventional.

People with elements of 9 in their name make excellent teachers, mentors and priests. Viewed positively, they are understanding, compassionate, prudent, wise, charitable and reserved; viewed negatively, they are lonely, depressed, self-pitying, wasteful and aloof.

11 “The Number of the Martyr”

The number 11 represents martyrdom and self-sacrifice. 11’s influence combines 1’s leadership and 9’s high spiritual calling. Whereas 1’s draw others to follow them through their practical rule, 11’s are good at appealing to people’s desire for truth. They are shepherds of men’s souls. 11’s are people you either adore or despise; there is no middle ground of opinion where they are concerned.

People with elements of 11 in their name make excellent religious and cultural agents. Viewed positively, they are revelatory, visionary, bold, passionate and magnanimous; viewed negatively, they are over-emotional, self-pitying, heretical and extremist.

22 “The Number of the Master”

The number 22 is said to be a very fortunate numerical influence.

People with the number 22 in their name combine all the positive elements of the other numbers: the leadership of 1, the harmonizing quality of 2, the charisma of 3, the dedication and hard work of 4, the flexibility of 5, the stability of 6, the magical propensity of 7, the worldly success of 8, and the higher spiritual calling of 9. They are complicated, deep, and highly intelligent. They will endure unique hardships and enjoy unique victories.

Whether they use their gifts for our benefit or detriment, they are fatefully tied to the well-being of all of humanity.

Our hypothetical person – John Smith – has a name number of 8, a heart number of 6, and a personality number of 11. His name number indicates that he is destined for worldly success, but his private inclination – indicated by his heart number – will be toward family and inner peace. He is probably the patriarch of his family unit, and his personality number – 11 – suggests that he leads spiritually and intuitively, though his methodology may be divisive.

To calculate your birth number, you write out the digits that comprise your birthday. Then, add all those digits together. As with your name, if the resulting number has two digits, add those integers together until you arrive at a single digit (unless the resulting number is 11 or 22).

John Smith was born on August 4th, 1985.
8 (August) + 4 (the 4th) + 1 + 9 + 8 + 5 = 35
3 + 5 = 8

Therefore, John Smith’s birth number is 8. This number determines the general course of his life. It harmonizes well with his name number, which bodes positively for his future as a successful, wealthy, influential person.

To determine your personal year number, you add your month and day of birth to the current year. If John Smith were determining his personal year in 2005, he would do so as follows:

8 (August) + 4 (the 4th) + 2 + 0 + 0 + 5 = 19
1 + 9 = 10
1 + 0 = 1

Therefore, John Smith’s personal year number (for the year 2005) is 1. This number determines what endeavors will be fortuitous for him in the coming year. Every consecutive year will follow a sequence from 1-9; therefore, in 2006, John Smith’s personal year number will calculate to 2, 2007 to 3, 2008 to 4, and so on until the cycle repeats.

**PERSONAL YEAR ASSOCIATIONS**

<table>
<thead>
<tr>
<th></th>
<th>positive –</th>
<th>negative –</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>The seeds you plant now will bloom later. Start new projects, take initiative on old ones, and focus on a brighter tomorrow.</td>
<td>Because it’s a busy year, it can be lonely and stressful.</td>
</tr>
<tr>
<td>2</td>
<td>People will be particularly receptive to your attempts at reconciliation and counsel. It’s a good year to resolve long-term differences.</td>
<td>Because you’re receptive to the needs of others, be wary of whose needs you attend to. Be wary of negative influences.</td>
</tr>
<tr>
<td>3</td>
<td>This will be a year of friendship and creativity. Strengthen your interpersonal relationships and prioritize spending time with your closest friends. Learn a creative hobby or put in extra practice on existing ones.</td>
<td>It’s easy to lose sight of practical necessities when you focus on your friends. Don’t let your finances or your emotional stability suffer.</td>
</tr>
<tr>
<td>4</td>
<td>It’s time to put nose to the grindstone. Fourth years are good for working hard and handling practical affairs.</td>
<td>These years can be lonely, stressful, monotonous and routine.</td>
</tr>
<tr>
<td>5</td>
<td>Profound change marks fifth years. Focus on individualism, personal freedom and exploration. Discover new places, people, and things about yourself.</td>
<td>Change can be scary, and isn’t always for the better. Try not to lose what you’ve worked hard to achieve when you’re pruning old habits, people and places from your life.</td>
</tr>
<tr>
<td>6</td>
<td>Contentment, peace and harmony are common traits of sixth years. Focus on strengthening relationships with family and loved ones.</td>
<td>What generates contentedness in some makes others restless. Try not to lose your individual expression in the tedium.</td>
</tr>
</tbody>
</table>
### Positive

#### Seventh Years
Seventh years are mysterious and uncanny. Look out for “chance” encounters and unusual twists of fate. Reflect on the previous years and use the wisdom you glean from it to help you appreciate the context of these twists.

### Negative
Some people are threatened by the unknown and try to tame it. Don’t. Go with the flow and take the good with the bad.

### Eighth Year
Eighth years are a year of educated risk-taking. Seize economic opportunities and do a lot of networking.

### Negative
Though there is potential for financial gain, it is forever shadowed by the specter of ruin. Don’t get caught up in a winning streak; if a risk seems too great, or you’ve begun to lose, cut your losses and save what you have.

### Ninth Year
Ninth years are transitory and significant. Karma is at its most forgiving (or unforgiving) on this year. Try to balance your karmic output with acts of kindness for strangers, generosity to your friends, family, loved ones and neighbors, and develop a stronger relationship to your chosen religious denomination (if you have one).

### Negative
Carefully assess your choices this year. They can carry positive or negative influences into the new cycle.

---

To determine your personal month number, you add the current month to your personal year number.

John Smith’s personal year number is 1. If he wants to determine the personal month number for the month of May, he would do so as follows:

$$1 + 5 \text{ (May, the 5th month of the year)} = 6$$

Therefore, John Smith’s **personal month number** (for May 2005) is 6. This number, taken within the context of your personal year number, determines what pursuits you will find success (or failure) in for the month.

If all of these numbers harmonize well, it suggests the individual in question will find great success in life. If the numbers harmonize poorly, it can forecast misfortune.

---

## Celestial Bodies

Magical practice is based on the astronomy the ancients used without the benefit of complex telescopes, space probes and photography. Thus, though there may be debate among modern astronomers as to which planets belong to our solar system, magic consults only the seven astronomical bodies visible with the naked eye: the Sun, Mercury, Venus, the Moon, Mars, Jupiter and Saturn.
The Sun commands the domains of prosperity and protection. It harnesses the element of fire. It is represented by a magical circle with a second darkened circle at its center.

Mercury commands the domains of knowledge acquisition and astral projection. It harnesses the element of air. It is represented by a magical circle with a downward pointed feminine cross and two upward pointed horns.

Venus commands the domains of love, fertility and sex. It harnesses the element of water. It is represented by a magical circle with a downward pointed feminine cross.

The Moon commands the domains of divination, dreamwork and astral projection. It harnesses the element of water. It is represented by a crescent.

Mars commands the domains of protective, offensive and sex magic. It harnesses the element of fire. It is represented by a magical circle with an upward-pointed masculine symbol.

Jupiter commands the domains of prosperity, authority, and ‘royal influence.’ It harnesses the element of fire. It is represented by a 2 and a 4 blended into one symbol.

Saturn commands the domain of baneful magic. It harnesses the element of fire. It is represented by an I and a lowercase h blended into one symbol.

**Planetary Associations**

Numerological associations are helpful for determining auspicious years and months for spell casting. To narrow it down by weeks and days, magicians rely instead on the date associations we use for days and hours based on the seven planetary bodies.
ASSOCIATIONS BY CELESTIAL BODY

<table>
<thead>
<tr>
<th>Celestial Body</th>
<th>Day of the Week</th>
<th>Magical Domains</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun</td>
<td>Sunday</td>
<td>prosperity, protection</td>
</tr>
<tr>
<td>Moon</td>
<td>Monday</td>
<td>divination, dreamwork, astral projection</td>
</tr>
<tr>
<td>Mercury</td>
<td>Wednesday</td>
<td>knowledge acquisition</td>
</tr>
<tr>
<td>Venus</td>
<td>Friday</td>
<td>love, fertility, sex</td>
</tr>
<tr>
<td>Mars</td>
<td>Tuesday</td>
<td>protective magic, offensive magic, sex</td>
</tr>
<tr>
<td>Jupiter</td>
<td>Thursday</td>
<td>prosperity, authority, ‘royal influence’</td>
</tr>
<tr>
<td>Saturn</td>
<td>Saturday</td>
<td>baneful magic</td>
</tr>
</tbody>
</table>

A magical day is measured starting at sunrise and ending at sunset. Each sunrise and sunset period is divided into twelve equal parts, resulting in a (roughly) 24-hour day. Depending on your location relative to the equator, the planetary hours you calculate in your area may be longer or shorter than conventional hours.

The first hour of the day is always that of the planet the day represents. The hours then repeat infinitely in the following order: Saturn, Jupiter, Mars, Sun, Venus, Mercury, Moon. The following page contains a table listing all of the planetary hours in their proper order.
**PLANETARY HOURS**

<table>
<thead>
<tr>
<th>Hours:*</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1**</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
</tr>
<tr>
<td>2</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
</tr>
<tr>
<td>3</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
</tr>
<tr>
<td>4</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
</tr>
<tr>
<td>5</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
</tr>
<tr>
<td>6</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
</tr>
<tr>
<td>7</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
</tr>
<tr>
<td>8**</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
</tr>
<tr>
<td>9</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
</tr>
<tr>
<td>10</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
</tr>
<tr>
<td>11</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
</tr>
<tr>
<td>12</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
</tr>
<tr>
<td>13</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
</tr>
<tr>
<td>14</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
</tr>
<tr>
<td>15**</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
</tr>
<tr>
<td>16</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
</tr>
<tr>
<td>17</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
</tr>
<tr>
<td>18</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
</tr>
<tr>
<td>19</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
</tr>
<tr>
<td>20</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
</tr>
<tr>
<td>21</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
</tr>
<tr>
<td>22**</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
</tr>
<tr>
<td>23*</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
<td>Jupiter</td>
<td>Venus</td>
</tr>
<tr>
<td>24*</td>
<td>Jupiter</td>
<td>Venus</td>
<td>Saturn</td>
<td>Sun</td>
<td>Moon</td>
<td>Mars</td>
<td>Mercury</td>
</tr>
</tbody>
</table>

**Highlighted** hours represent power hours. *Highlighted* hours represent witching hours.

The first, eighth, fifteenth and twenty second hours are called **power hours**. These are the hours in which the seven-planet cycle repeats. Notice that the cycle resets after the twenty fourth hour with the power hour of the subsequent day.

The two hours after the final power hour – the twenty third and twenty fourth hours – are called the **witching hours**. (Conventional hours place the witching hours between midnight and 3 a.m.) These two hours are favored by black magicians for casting baneful magic.

No matter what the day, planetary hours are good for scheduling events in accord with their domain, thereby increasing your success in whatever endeavor you choose.
### PLANETARY HOUR ASSOCIATIONS

<table>
<thead>
<tr>
<th>Sun Hours</th>
<th>counseling over big decisions, giving speeches, launching new projects, seeking favors from authority figures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moon Hours</td>
<td>making transitions at home (moving, purchasing a new home, etc.), beginning vacations or journeys, pursuing lost objects or people, meditating, seeking favors from mothers, grandmothers or employees</td>
</tr>
<tr>
<td>Mars Hours</td>
<td>drastic action (lawsuits, physical altercations, surgery, etc.), sports/exercises, seeking favors from men</td>
</tr>
<tr>
<td>Mercury Hours</td>
<td>routine behaviors (shopping, errands, travel, etc.), pursuing a new job (interviews, applications, auditions, etc.), teaching or taking classes, seeking favors from neighbors or coworkers</td>
</tr>
<tr>
<td>Jupiter Hours</td>
<td>monetary transactions (borrowing, lending, investing, earning, winning, etc.), seeking advice or consultation, settling disputes, seeking favors from fathers, grandfathers or advisors (lawyers, doctors, accountants, etc.)</td>
</tr>
<tr>
<td>Venus Hours</td>
<td>social gatherings (parties, dates, etc.), having beauty treatments done, making romantic advances, doing creative work, seeking favors from women</td>
</tr>
<tr>
<td>Saturn Hours</td>
<td>giving up bad habits, beginning projects of long duration, seeking favors from difficult people</td>
</tr>
</tbody>
</table>

### MOON PHASES

As the closest gravitational body to us in our solar system, the Moon has a dramatic effect on the flow of magical energies on Earth. It affects the tides, hence its association with the element of water, and the phenomenon of “lunacy” – people demonstrating erratic behavior during the full moon – is well-documented, implying that its influence runs even as deep as our behavior.

The lunar cycle is as follows:

![Moon Phases Diagram]

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Moon</td>
<td>Waxing Crescent</td>
<td>First Quarter</td>
<td>Waxing Gibbous</td>
<td>Full Moon</td>
<td>Waning Gibbous</td>
<td>Quarter</td>
<td>Waning Crescent</td>
</tr>
</tbody>
</table>

### ELEMENTS
Magical energy falls into four basic categories: earth, fire, air and water.

The **earth element** represents the planet we live on, the physical bodies we occupy, and the universe both exist in. It is the foundation upon which all magic is built. It presides over the domains of abundance, fertility and stability. It is represented in ritual magic with a magical circle in which two perpendicular lines are drawn.

The **fire element** represents vitality and willpower. It is dangerous and volatile, but also purifying and cauterizing. It purges without impunity, but smolders ineffectually without direction. It presides over the domains of protective magic, offensive magic and sex magic. It is represented by a magical circle with a vertical line.

The **water element** represents emotion, intuition and imagination. Water is healing, cleansing and purifying; it conforms to whatever vessel it’s in, and absorbs the qualities of the vessel (and any additives) it touches. It presides over the domains of dreamwork, divination and healing spells. It is represented by a magical circle with a horizontal line.

The **air element** represents intellect and spirituality. The path to higher planes of thought is paved on the winds. It can be a dangerous trek, as the winds shift and are prone to change; it can also be a smooth ascension when the breeze is gentle. It presides over the domains of knowledge acquisition and astral projection. It is represented by a magical circle with a smaller circle inside.

Like the seven celestial bodies, certain times of year are the most auspicious for harnessing elemental influences. The elements are also associated with certain lunar phases.

### SPELL ASSOCIATIONS BY ELEMENT

<table>
<thead>
<tr>
<th>Element</th>
<th>Time of the Year/Moon Cycle</th>
<th>Magical Domains</th>
</tr>
</thead>
<tbody>
<tr>
<td>Earth</td>
<td>Winter, waning moon</td>
<td>abundance, fertility, stability</td>
</tr>
<tr>
<td>Air</td>
<td>Spring, new moon</td>
<td>knowledge, astral projection</td>
</tr>
<tr>
<td>Water</td>
<td>Autumn, full moon</td>
<td>divination, dream work</td>
</tr>
<tr>
<td>Fire</td>
<td>Summer, waxing moon</td>
<td>protection, offensive magic, sex</td>
</tr>
</tbody>
</table>
MAGICAL DATES

The magical year begins on October 31st. Secular celebrants call it Halloween, but magicians have a special name for it – Samhain, pronounced SOW-EEN. On this day, the earth is said to begin its cycle of rebirth with the death of the previous year. Magicians celebrate by performing séances to communicate with ghosts. Where there are open portals to the astral realm, demons are said to follow, hence the holiday’s “spooky” connotation.

December 21st is the Winter Solstice. Magicians call it Yule, pronounced YOU’LL. Celebrants exchange presents with one another to symbolically represent the gift of life the coming spring promises.

Imbolg, pronounced IM-BULLUG, is on February 2nd and celebrates springtime. This is traditionally when new initiates are admitted into covens.

On the Spring Equinox, Ostara (pronounced OH-STAR-UH), March 21st, magicians bless seeds for the harvest. As the predecessor of our modern Easter celebration, its symbolism includes rabbits and eggs. It is celebrated very similarly, without the overt Christian connotations.

April 30th and May the 1st have a special reverence depending on a magician’s discipline. White magicians call it Bealtaine (pronounced BEE-YAWL-TINNUH). On this day, magicians commemorate maturity, growth, and knowledge acquisition. Rites of passage for initiates are usually staged on this day. Black magicians call it Walpurgisnacht (or Walpurgis Night; pronounced VAHL-PUR-GIS-NAHKT), the night of many bonfires. Celebrants dance around bonfires and perform baneful magic during the witching hour. On this day in 1966, Anton LaVey established the Church of Satan and declared it Anno Satanas, or the first year in the Age of Satan.

June 21st is the Summer Solstice. Magicians call it Litha (pronounced LEE-THA). It celebrates the peak of fertility and abundance the earth has the offer. It can be thought of as the magical equivalent of Valentine’s Day. Magicians exchange romantic gifts and favors with one another, such as chocolate (a known aphrodisiac), flowers, potpourri, and enchanted jewelry.

Lughnassad (or Lamas; pronounced LOO-NA-SA) falls on August 2nd. It celebrates the beginning of the harvest. It represents abundance, joy and sharing, and is very similar to Thanksgiving. Magicians celebrate by hosting feasts with family and friends.
The last magical date is on September 21st; magicians call it Mabon (pronounced MAY-BON). It celebrates the end of the harvest and the coming rebirth on Samhain. It is a day of quiet, solemn introspection as the earth enters the death phase of its yearly cycle.
SUPPLYING A RITUAL

INVOCATIONS

The most basic ingredient of any spell is the vocal component – a statement of your intention to the universe.

Anthropologists have suggested that before man knew how to speak, he knew how to sing. Rhyme and verse has been a part of our history since its beginnings; for this reason, most incantations are written in verse. This also makes them easier to remember. (Magicians should always memorize their lines, rather than reading them from a book, when performing spells.)

However, some magicians prefer to phrase their incantations without verse. Satanism, whose emphasis on being ‘antithetical’ runs even as deep as their spell wording, prefers to make frank declarations and ultimatums to their patron deity. This lends their rituals a more serious and intimidating feel.

Others prefer to incant in different languages. Latin or Hebrew are common languages used in incantations. In voodoo, speaking in tongues is part of the process of communicating with the loa.

Ultimately, every magician must decide for themselves how they’d like to articulate their will to the universe, so choose whatever’s best for you. All of the spells covered in subsequent chapters are written in verse.

RITUAL TOOLS

Ritual tools work best when they are hand-made by the magician or their coven. If they are not hand-made, they should be purchased on Thursday, the day of Jupiter, during a power hour. All ritual tools must be consecrated before use during a ritual to avoid mingling the energies of those who possessed the object before the magician did. You will learn how to consecrate your tools in a later chapter.

Not all of the tools listed below are mandatory for spell casting, but are nevertheless commonly used by magicians. The spells covered in later chapters require basic tools, which are indicated with an asterisk.
*Athame* – a black-handled, double-edged blade used for all ceremonial ritual purposes, and to represent the element of Fire; *if an athame draws blood, it loses its power permanently!*

*Boline* – a white-handled knife (usually crescent-shaped to represent the moon) used for all practical ritual purposes

*Paten* – an earthen bowl (made of stone, ceramic, wood, etc.) used to contain offerings

*Chalice/Goblet* – a cup (made of stone, ceramic, wood, etc.) used to represent the element of Water

*Wand* – a wooden stick, preferably carved out of oak, used to represent the element of Air

*Cauldron* – a pot made of cast iron used to burn herbs and boil brews

*Reagents* – a catch-all term to describe any herbs, resins, oils, incenses and candles used in the ritual

*Besom/Broom* – used to clean a ritual after its completion, literally ‘sweeping’ the excess energy away

*Tome* – also called a *Book of Shadows*; used to record rituals and their results

*Cloak* – traditionally hooded; color-coded to represent a magician’s status within their coven

*Cingulum* – waist-wrap nine feet in length; traditionally worn by British Wiccans to represent a witch’s status within their coven, and to properly measure out magic circle

Controlling weapons are used by magicians endeavoring to cast higher level spells to maintain authority within their circles, as major magical acts attract the attention of extra-planar beings … and when an extra-planar being crosses the barrier into the physical realm uninvited, their motives are rarely benign.

Some pacifist white magicians have abandoned the use of controlling weapons. Those intending to perform black magic are ill-advised to do so unarmed.

Any properly consecrated weapon can be a controlling weapon, but some weapons are associated with certain celestial bodies, thereby increasing their wielder’s proficiency in that particular magical domain. *Bows* are associated with the Sun, *scepters/staves* are associated with Jupiter, and *sickles* are associated with Saturn.

**HERBS AND REAGENTS**

Herbs and reagents are offerings used in rituals to accelerate magical energies.

Just as sentient beings express certain elements and astronomical influences better than others, some herbs, minerals, and other miscellany make the best offerings. The energies
contained within these items are released into the universe within a magic circle by burning them in a fireproof vessel (usually a cauldron), or as incense and potpourri.

**HERB/REAGENT ASSOCIATIONS BY CELESTIAL BODY**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Moon</th>
<th>Mercury</th>
<th>Venus</th>
<th>Mars</th>
<th>Jupiter</th>
<th>Saturn</th>
</tr>
</thead>
<tbody>
<tr>
<td>benzoin</td>
<td>almond</td>
<td>caraway</td>
<td>almond</td>
<td>asafedota</td>
<td>lime</td>
<td>asafedota</td>
</tr>
<tr>
<td>clove</td>
<td>banana</td>
<td>clover</td>
<td>apricot</td>
<td>basil</td>
<td>magnolia</td>
<td>bat blood</td>
</tr>
<tr>
<td>cinnamon</td>
<td>camphor</td>
<td>dill</td>
<td>benzoin</td>
<td>calamus</td>
<td>mint</td>
<td>cypress</td>
</tr>
<tr>
<td>citrus</td>
<td>chamomile</td>
<td>fennel</td>
<td>jasmine</td>
<td>coriander</td>
<td>nutmeg</td>
<td>hemlock</td>
</tr>
<tr>
<td>frankincense</td>
<td>evergreen</td>
<td>lavender</td>
<td>lilac</td>
<td>dragon blood</td>
<td>oak</td>
<td>hemlock</td>
</tr>
<tr>
<td>marigold</td>
<td>menstrual</td>
<td>lemongrass</td>
<td>lavender</td>
<td>euphorbium</td>
<td>saffron</td>
<td>oak</td>
</tr>
<tr>
<td>rosemary</td>
<td>blood</td>
<td>licorice</td>
<td>myrtle</td>
<td>garlic</td>
<td>sea salt</td>
<td>saffron</td>
</tr>
<tr>
<td>saffron</td>
<td>poppy seeds</td>
<td>mace</td>
<td>white musk</td>
<td>ginger</td>
<td>spruce</td>
<td>sea salt</td>
</tr>
<tr>
<td></td>
<td>storax</td>
<td>mandrake*</td>
<td>patchouli</td>
<td>musk</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>mastic</td>
<td>rose</td>
<td>onion</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>storax</td>
<td>sandalwood</td>
<td>pepper</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>vetiver</td>
<td></td>
<td>wormwood</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Herbs that have been highlighted are poisonous, toxic, or have mind-altering effects.

**HERB/REAGENT ASSOCIATIONS BY ELEMENT**

<table>
<thead>
<tr>
<th>Earth</th>
<th>Air</th>
<th>Water</th>
<th>Fire</th>
</tr>
</thead>
<tbody>
<tr>
<td>mulch</td>
<td>galbanum</td>
<td>onycha</td>
<td>frankincense</td>
</tr>
<tr>
<td>tree bark</td>
<td></td>
<td>myrrh</td>
<td>sulfur</td>
</tr>
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</table>

**GEMSTONE ASSOCIATIONS BY PURPOSE**

<table>
<thead>
<tr>
<th>Love</th>
<th>Sex</th>
<th>Wealth</th>
<th>Healing</th>
<th>Protection</th>
<th>Baneful</th>
<th>Summoning</th>
<th>Astral Projection</th>
</tr>
</thead>
<tbody>
<tr>
<td>copper</td>
<td>carnelian</td>
<td>aventurine</td>
<td>agate</td>
<td>agate</td>
<td>bloodstone</td>
<td>labradorite</td>
<td>amethyst</td>
</tr>
<tr>
<td>emerald</td>
<td>garnet</td>
<td>cat’s eye</td>
<td>amazonite</td>
<td>amber</td>
<td>red jasper</td>
<td></td>
<td>aquamarine</td>
</tr>
<tr>
<td>lapis lazuli</td>
<td>red jasper</td>
<td>citrine</td>
<td>aquamarine</td>
<td>diamond</td>
<td></td>
<td></td>
<td>beryl</td>
</tr>
<tr>
<td>moss agate</td>
<td>zircon</td>
<td>gold</td>
<td>chrysocolla</td>
<td>hematite</td>
<td></td>
<td></td>
<td>fluorite</td>
</tr>
<tr>
<td>serpentine</td>
<td></td>
<td>jade</td>
<td>citrine</td>
<td>jasper</td>
<td></td>
<td></td>
<td>geode</td>
</tr>
<tr>
<td>topaz</td>
<td></td>
<td>malachite</td>
<td>coral</td>
<td>jet</td>
<td></td>
<td></td>
<td>moonstone</td>
</tr>
<tr>
<td></td>
<td></td>
<td>ruby</td>
<td>hematite</td>
<td>obsidian</td>
<td></td>
<td></td>
<td>opal</td>
</tr>
<tr>
<td></td>
<td></td>
<td>sun stone</td>
<td>jasper</td>
<td>onyx</td>
<td></td>
<td></td>
<td>peridot</td>
</tr>
<tr>
<td></td>
<td></td>
<td>topaz</td>
<td>peridot</td>
<td>ruby</td>
<td></td>
<td></td>
<td>quartz</td>
</tr>
<tr>
<td></td>
<td></td>
<td>tourmaline</td>
<td>rose</td>
<td>silver</td>
<td></td>
<td></td>
<td>sapphire</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>quartz</td>
<td>sodalite</td>
<td></td>
<td></td>
<td>sodalite</td>
</tr>
</tbody>
</table>
USING BLOOD IN RITUALS

Your body is the first and last thing you possess in this lifetime. It is the machinery through which you enact your will upon the physical realm. Thus, few things carry your essence as strongly as pieces of you. For this reason, among others, the use of bodily fluids in spell casting - particularly blood - is hotly debated.

Many reject its use as a way of distancing themselves from ancient and 'barbaric' forms of magic. Others perceive the body as a sacred vessel, and therefore consider the use of its parts a form of 'heresy,' for lack of a better word. Others still just find the concept intuitively revolting.

Despite these and other objections, some spell casters still use blood as a reagent. If you would like to use blood in a ritual, it is important to treat it with the respect it deserves ... not only as an extension of your bodily temple, but also as a potential agent for infectious disease.

Here are some guidelines for safely drawing blood.

1. The handling of bodily fluids always poses the risk of contracting disease. For your safety and the safety of others, do not allow others to handle your blood, and do not handle others' blood. If you must handle someone else's blood, wear gloves and thoroughly wash your hands when you're done.

2. Those who suffer from hemophilia, hemophobia, Von Willebrand disease, and any other disorder - physical or mental - associated with blood or blood clotting should never endeavor to harvest it.

3. Always keep a first aid kit handy. It should contain an antiseptic/antibacterial agent to prevent infection, and gauze or bandages to protect the wound as it heals.

4. Always make sure your cutting implement is sterilized properly before use. To sterilize a knife, you may either place it in boiling water for five minutes, or submerge it in rubbing alcohol or hydrogen peroxide. Always wash your hands before handling the knife again so as not to re-contaminate it.

5. To numb the area where the incision is to be made, hold an icecube to it. This will reduce (if not completely eliminate) any pain.

6. To draw blood, make an incision only as deep and as large as an average paper cut. Slice diagonally to just barely break the skin. Then, gently squeeze the sides of your fingertip to produce droplets.

Spells that use blood harness only minute amounts, so any further cutting is unnecessary and highly dangerous. (You should be immediately skeptical of any spell that calls for more than a few drops.) Never draw blood from veins or arteries, as this
can lead to exsanguination (bleeding out). If you are bleeding copiously, call an emergency medical service IMMEDIATELY.

7. Blood coagulates and dries. It will not retain its fluid quality once it has left your body.

8. To ensure that objects stained with blood are properly and safely disposed of:

a. If the object is made of cloth, burn it in a fireproof container. You'll want to do this someplace private so as not to draw attention to yourself. If you're burning it indoors, do so in a well-ventilated room far from fire detectors.

b. If the object is not flammable, seal it in seran wrap and place it in a tightly-sealed container before disposal to prevent any subsequent cross-contamination. If you can, dispose of it in a waste receptacle that is clearly marked as containing hazardous materials.

The preparation involved may go above and beyond the usual for casting spells, but it is worth it to ensure that the practice is safe, sterile, harmless and discreet. If it cannot be done right, it shouldn’t be done at all.

**MAGIC CIRCLES**

Once you’ve gathered all the tools, reagents and herbs needed in your ritual, you must cast a magic circle. A magic circle charged with magical energy becomes a “pocket universe,” within which the magician uses allegory and metaphor to articulate their will to the Source. A magical circle is represented by a perfect circle divided into four separate parts; this is also the symbol used to represent Earth. Within magic circles, a magician draws magic triangles, the direction of which determines the intentions of the spell. A magic circle clarified with magic triangles is called a pentagram.

**PENTAGRAM**

The upward-pointing star within the magic circle represents the four elements – earth, air, fire, and water – with a fifth included: spirit, or the human element. Its position above the elements represents the magician’s communion with nature.

Rituals performed with a pentagram should be done deosil, or east-west (following the rise and fall of the sun), facing north.
INVERTED PENTAGRAM

The downward-pointing star, on the other hand, represents the magician’s dissent to the conventional order of things.

Rituals performed with an inverted pentagram should be done *widdershins*, or west-east (against the rise and fall of the sun), facing south.

White magicians prefer to draw pentagrams in nature with their athames at least nine feet in diameter – wide enough to sit inside. Magicians strapped for space can draw their own magic circles on altar cloths, color-coded appropriately, which can be used on any flat surface. Some magicians wear pendants bearing their pentagram of choice to perform spells on-the-go. Whatever your method, spells are best cast by only natural light in a place of isolation.

Pentagrams can also be personalized to a particular magician. Indeed, the pentagram has had many manifestations throughout history. Examples include:

**WHITE MAGIC PENTAGRAMS:**

From left to right: *Man as Microcosm*, the *Mirror of Venus*, *Pentagram of Solomon*. 
BLACK MAGIC PENTAGRAMS
From left to right: the *Sabbatical Goat*, *Satanic Pentagram (with an inverted cross)*

RITUALS IN MOTION

Certain hand gestures can be used to invoke the elements present on the pentagram.
Notice that the inverted pentagram is a perfect reflection of the pentagram’s invoking and banishing gestures. By practicing both, you can get a better feel for where in your pentagram you should focus your energy to produce the best results.

This also accounts for the placement of candles upon a pentagram. To invoke or banish specific elements, place a candle of the right color on its corresponding point on the pentagram.

**RUNES**

Runes were the Germanic alphabet used before the introduction of Latin. As well as being a writing system, runes were also used in magic. An *erilaz* is a magician capable of drafting runes with magical effects.

There are many runic *futharks*, or alphabets, but the most commonly cited in modern magic practice comes from the Anglo-Saxons. It is known as the ‘Elder Futhark.’ It is divided into three sections of eight runes, known as *aett* (or *aettir* in the plural form).

Each of the runes can be written in what’s known as a *merkstave*, or a manner intended to draw negative energies. The merkstave of each rune is not its exact opposite, but rather, the “darker” connotation of its original meaning. The meanings themselves are derived from the Norse pantheon; the aettir are named after some of their deities.
<table>
<thead>
<tr>
<th>Rune</th>
<th>Phonetic</th>
<th>Translation</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fehu</td>
<td>F</td>
<td>domestic cattle, wealth</td>
<td>possessions won or earned, luck, abundance, fertility &lt;br&gt; <em>merkstave</em> – loss of possessions, failure, greed, atrophy</td>
</tr>
<tr>
<td>Uruz</td>
<td>U</td>
<td>auroch (wild ox)</td>
<td>power, strength, courage, masculine sexuality &lt;br&gt; <em>merkstave</em> – weakness, callousness, violence, domination by others</td>
</tr>
<tr>
<td>Thurisaz</td>
<td>TH</td>
<td>thorn, giant</td>
<td>reactive force, protection, regeneration, will, masculine sexuality &lt;br&gt; <em>merkstave</em> – danger, defenselessness, violation</td>
</tr>
<tr>
<td>Ansuz</td>
<td>A</td>
<td>ancestral god (Odin)</td>
<td>revealing message or insight, wisdom, communication, truth &lt;br&gt; <em>merkstave</em> – misunderstanding, delusion, boredom, manipulation by others</td>
</tr>
<tr>
<td>Raidho</td>
<td>R</td>
<td>wagon, chariot, vehicle</td>
<td>travel, in both the physical sense and lifestyle direction; journey, vacation, adventure, evolution, rhythm of the universe &lt;br&gt; <em>merkstave</em> – stasis, disruption, dislocation, death</td>
</tr>
<tr>
<td>Kenaz</td>
<td>K, Q</td>
<td>beacon, torch, fire</td>
<td>vision, revelation, knowledge, creativity, inspiration, passion, love, sex &lt;br&gt; <em>merkstave</em> – break-up, lack of creativity or motivation, loss of whimsy</td>
</tr>
<tr>
<td>Gebo</td>
<td>G</td>
<td>gift</td>
<td>gifts, in both the physical sense and the metaphorical self-sacrificing sense; exchanges, contracts, personal relationships and obligations &lt;br&gt; <em>merkstave</em> – greed, loneliness, dependence, bribery</td>
</tr>
<tr>
<td>Wunjo</td>
<td>V, W</td>
<td>joy</td>
<td>joy, comfort, fellowship, harmony, prosperity, spiritual reward &lt;br&gt; <em>merkstave</em> – sorrow, strife, alienation, delirium, intoxication, berserker rage</td>
</tr>
<tr>
<td>Rune</td>
<td>Phonetic</td>
<td>Translation</td>
<td>Meaning</td>
</tr>
<tr>
<td>-------</td>
<td>----------</td>
<td>-------------------</td>
<td>------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Hagalaz</td>
<td>H</td>
<td>hail, ice storm</td>
<td>wrath of nature, uncontrolled forces, especially the weather or within the subconscious merkstave –</td>
</tr>
<tr>
<td>Nauthiz</td>
<td>N</td>
<td>necessity, need</td>
<td>self-reliance, innovation, force of will, endurance, survival, determination, self-initiated change, facing one’s fears merkstave – constraint of freedom, starvation, poverty, emotional neglect</td>
</tr>
<tr>
<td>Isa</td>
<td>I</td>
<td>ice</td>
<td>challenge or frustration; psychological blocks to thought or activity, obstacles, waiting; reinforces the runes around it merkstave – blindness to change, treachery, illusion, false hope</td>
</tr>
<tr>
<td>Jera</td>
<td>J</td>
<td>year, harvest</td>
<td>the fruition of long-term projects; fertility, abundance, prosperity; life-cycle of the universe merkstave – sudden setbacks, reversals, negative changes, poverty, conflict</td>
</tr>
<tr>
<td>Eihwaz</td>
<td>EI</td>
<td>yew tree</td>
<td>strength, reliability, trustworthiness, defense, endurance, protection, practicality, honesty merkstave – confusion, dissatisfaction, weakness</td>
</tr>
<tr>
<td>Perthro</td>
<td>P</td>
<td>hearth, lot cup, vagina</td>
<td>occult abilities, esoteric knowledge, secret wisdom, magical intuition, psychic abilities; pertaining to things feminine, female fertility, reproduction, the vagina merkstave – addiction, stagnation, loneliness, malaise, ignorance, infertility</td>
</tr>
<tr>
<td>Algiz</td>
<td>Z</td>
<td>elk, protection</td>
<td>protection, spiritual warding, connection and favor with higher powers merkstave – hidden danger, loss of spirituality, weakness to forces unseen, that which repels</td>
</tr>
<tr>
<td>Sowilo</td>
<td>S</td>
<td>the Sun</td>
<td>success, honor, prosperity, power, wholeness, connection and favor with higher powers, cleansing fire merkstave – bad counsel, gullibility, retribution, wrath of God</td>
</tr>
<tr>
<td>Rune</td>
<td>Phonetic</td>
<td>Translation</td>
<td>Meaning</td>
</tr>
<tr>
<td>------</td>
<td>----------</td>
<td>----------------------</td>
<td>-------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Tiwaz</td>
<td>T</td>
<td>sky god (Tyr)</td>
<td>honor, justice, leadership, authority, rationality, self-sacrifice</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>merkstave</em> – injustice, imbalance, dwindling passion, difficulties in communication, strife, war, conflict</td>
</tr>
<tr>
<td>Berkano</td>
<td>B</td>
<td>birch goddess (Berchta)</td>
<td>birth, fertility, romance, spring, renewal, new beginnings</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>merkstave</em> – domestic troubles, anxiety about those close to you, infertility</td>
</tr>
<tr>
<td>Ehwaz</td>
<td>E</td>
<td>horse</td>
<td>transportation, gradual progress toward positive change; harmony, teamwork, trust, marriage; confirms the meanings of the runes around it</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>merkstave</em> – restlessness, confinement, disharmony, mistrust, betrayal</td>
</tr>
<tr>
<td>Mannaz</td>
<td>M</td>
<td>man, mankind</td>
<td>the self, both individually and as a collective group; interpersonal relationships and social order; sentience, awareness, intelligence</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>merkstave</em> – depression, mortality, manipulation, lack of support</td>
</tr>
<tr>
<td>Laguz</td>
<td>L</td>
<td>water</td>
<td>fertility, healing, life energy, organic growth; psychic abilities, esoteric knowledge, dreams, mysteries, the unknown</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>merkstave</em> – madness, obsession, despair, perversity, sickness, mortality, suicide</td>
</tr>
<tr>
<td>Ingwaz</td>
<td>NG</td>
<td>earth god (Ing)</td>
<td>male sexuality, gestation, internal growth; common sense, practicality, domestic happiness, friendship</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>merkstave</em> – impotence, motion without change, strife, toil, hard work</td>
</tr>
<tr>
<td>Dagaz</td>
<td>D</td>
<td>day, dawn</td>
<td>breakthrough, awakening, awareness, positive self-motivated change, hope, happiness, growth</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>merkstave</em> – completion, ending, coming full circle; blindness, hopelessness</td>
</tr>
<tr>
<td>Othala</td>
<td>O</td>
<td>ancestral property, inheritance</td>
<td>house, home, inherited property or possessions, birthrights; land of one’s birth, spiritual heritage, fundamental values</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>merkstave</em> – poverty, homelessness, bad karma, prejudice, provincialism</td>
</tr>
</tbody>
</table>
ESSENTIAL SPELLS

Spells vary depending on a magician’s personal inclination and specialties. These spells, however, are staples, and should be known by every magician endeavoring to cast stronger spells. They are the foundation upon which all other magical work proliferates.

CASTING AND CLOSING A MAGIC CIRCLE

The first step of performing ritual magic is casting and closing a magic circle. By opening a ‘pocket universe’ within a magic circle, a magician can draw from its power to accelerate his/her spells. It is the simplest spell to learn, but also the most important. If you open a circle, always remember to close it when you’re done.

TO OPEN A MAGIC CIRCLE:

YOU WILL NEED:

altar cloth
athame

INSTRUCTIONS:

1. Smooth an altar cloth out over a flat surface.

2. If you are opening a WHITE magic circle, trace the circle in a CLOCKWISE (or ‘deosil’) motion with your athame, then draw the pentagram within, starting from the north point.

   If you are opening a BLACK magic circle, trace the circle in a COUNTER-CLOCKWISE (or ‘widdershins’) motion with your athame, then draw the inverted pentagram within, starting from the south point.

3. Hold your power (writing) hand palm-open over the circle and direct your magical potential into it. Imagine the lines of the circle glowing in a color corresponding to its intent (white light for white magic, red light for black magic, etc.).
TO CLOSE A MAGIC CIRCLE:

YOU WILL NEED:

athame
sea salt
besom

INSTRUCTIONS:

1. Hold your power (writing) hand palm-open over the circle and command the flow of magical energy to cease. Imagine the light you visualized earlier snuffing out like a candle flame or a barely-still-burning charcoal.

2. Sprinkle sea salt in a clockwise rotation over the altar cloth with your power hand.

3. Use your besom to clean your altar cloth, thereby literally and metaphorically sweeping any leftover magic away.

PREPARING YOUR RITUAL TOOLS

Before using any of your tools in a spell or ritual, you must consecrate them first.

Objects absorb the unique magical energy in each of us with prolonged use and ownership. This means that when objects pass hands, they are carrying residual imprints of everyone who’s ever possessed it. These energies may interfere with your spells. For this reason, items handmade by a magician or his/her coven are best.

If you cannot hand-make the item or receive it from a local, reputable magical source, it should be purchased on a Thursday. Some sources stress that you should never haggle on the price of ritual tools.

Once you’ve obtained an item intended for ritual use, you should consecrate it on a Thursday during the new moon.
CONSECRATING RITUAL TOOLS

YOU WILL NEED:
sage incense
sea salt
lodestone
white cloth

INSTRUCTIONS:

1. Cast a magic circle.
2. Light your incense.
3. Pass the object through the incense smoke, then place it at the center of your circle.
4. Sprinkle sea salt in a clockwise motion around the object using your power hand. As you do, recite the following incantation:
   
   On this, the day of Jupiter, I consecrate thee

5. Close the magic circle.
6. Record the date and time of the consecration in your tome.

You may consecrate multiple tools at once within the same ritual, so long as you sprinkle salt and recite the incantation once for each.

SELF-BLESSING

After you remove magical interference from your objects, you must do likewise with yourself. Initiates joining covens are usually blessed by the leader during an elaborate ceremony. Magicians working alone can do so very simply from their own home.

CONSECRATE YOURSELF

YOU WILL NEED:
5 white candles
3 drops of rosemary oil
3 drops of myrrh oil
3 drops of sandalwood oil
2 cups of sea salt
frankincense incense
paten

INSTRUCTIONS:

1. Decorate your bathtub with the 5 white candles and light them.

2. Place the frankincense incense nearby and light it.

3. Draw a hot bath. Add the drops of rosemary oil, myrrh oil and sandalwood oil, then add the two cups of sea salt.

4. Hold your power hand over the water and recite the following incantation:

   Magic oil, water and salt
   Let this bath hereby exalt
   My body, my mind, and my soul
   That I may once again be whole
   With blessings given and received,
   I walk in peace in word and deed

5. Take a long bath. Meditate calmly in the warm water. Take in the scent of frankincense and the magic oils thoroughly washing your soul of all taint.

6. Before you drain the bath, collect some of the water into your paten and pour it out on your doorstep.

7. Blow out the candles and bury the remainder in nature.
ASTRAL PROJECTION, DIVINATION

ASTRAL PROJECTION/DIVINATION SPELL ASSOCIATIONS

<table>
<thead>
<tr>
<th>Celestial Body</th>
<th>Element</th>
<th>Color</th>
<th>Date and Lunar Cycle</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moon</td>
<td>air</td>
<td>purple</td>
<td>Monday</td>
</tr>
<tr>
<td>Mercury</td>
<td></td>
<td>blue</td>
<td>Wednesday</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>new moon</td>
</tr>
</tbody>
</table>

**Reagents** chamomile, galbanum, fennel, lemongrass, licorice, mandrake, vetiver

**Tools** wand

Highlighted reagents are toxic or have mind-altering effects. Handle and ingest with caution.

INTRODUCTION

Ordinary reality is what we perceive through our bodily senses. Non-ordinary reality is a catch-all term to describe any place you can go with your eyes closed. This includes daydreams, night dreams, meditation, and trances. Astral projection is the ability to move around, at will, in non-ordinary reality. Magicians refer to non-ordinary reality as the astral plane.

The astral plane can be further divided into two sub-planes:

The higher plane is where “higher-order” thought occurs. It is a place of divination, meditation, intellectualism and oneness with the Source. Beings that occupy the higher plane are altruistic, ordered and duty-bound; they are arbiters of logic and rationality. Higher plane creatures combine their magnanimity with a ruthless, purgative touch that they dispatch in the service of maintaining the universe’s pre-designated patterns. They have a reputation for being well-intentioned, but aloof.

The lower plane is a place of raw emotional energy. It is associated with self-indulgent pursuits, particularly those related to the body, and therefore separation from the Source and others. This, however, is only part of its function; it is also the site of basic human potentiality. Meditation focused on the lower plane can strengthen a magician’s bodily intuition, will power and pain tolerance. Lower plane creatures are clever, resourceful, manipulative, and often quite charming, but callously hedonistic.

Traveling to the astral plane is useful for meditating, conferencing over tough decisions, illuminating your true feelings, meeting extra-planar creatures, and focusing magical energies.
prior to, during, or after rituals. For this reason, novice magicians are implored to practice astral travel. It is excellent for familiarizing the uninitiated with magical practice.

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**ASTRAL PROJECTION**

**WHAT YOU’LL NEED:**

2 purple candles
an incense of your choosing (use the same one every time)

**INSTRUCTIONS:**

1. Be seated.

2. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

3. Place the two purple candles on the air and spirit points of your pentagram. Light them in a clockwise rotation.

4. Light your incense.

5. Center yourself. Straighten your back, relax your shoulders and cross your legs by tucking your ankles under your calves. Rest your hands in your lap with your palms facing up.

6. Breathe in deeply, inhaling through your nose. Exhale out through your mouth in a long, drawn-out chant:

   *AUM (pronounced OOOOHM)*

7. Don’t will your mind to blank. Instead, follow each foreground thought like a line being drawn on a page until you’ve reached “nonsensical” or “fringe” logic. Beyond that lies the astral plane.

8. When your journey is complete, be sure to close your circle and snuff out your candles.

**ASTRAL TEMPLES**

Once you’ve touched non-ordinary reality, you must establish a home base in what magicians call an **astral temple**.
An astral temple need not be a temple in the literal sense. Any place can be an astral temple, as long as it is far from other people, beautiful, safe, free of interruption and of special significance to you. It need not have been a place you’ve been before, as long as you can visualize it well. Common examples are places in nature (a forest clearing, an open meadow, a beach, etc.) or places of sentimental value (old houses/bedrooms, favorite hang-out spot, etc.).

To cement this location in your mind, it helps to study photographs, draw it from memory, or write a description/narrative set in your astral temple. Once you’re capable of envisioning it well, you are capable of visiting the location whenever you’d like using the astral plane as a short cut. From there, the potential for mental exploration is infinite.

**ASTRAL BODIES**

When you enter the astral plane, your spirit manifests into an astral body. This body reveals you for who – and what – you really are.

During your first trip to the astral plane, be sure to familiarize yourself with your new body. Learning to operate your astral body without moving your physical body (so as not to disturb your waking meditation) will take practice, but when you achieve it, you can subject your astral body to every sensation possible – pleasure, pain, and all things in between – without affecting your physical body at all.

---

**DIVINATION**

‘Divination’ and ‘scrying’ is the process of conjuring significant imagery in enchanted mirrors (and other reflective surfaces). Some laud that powerful scryers can see visions of the past, present and future. I submit that by observing the timeline, you alter the outcome. In this way, scrying is not useful for predicting how the future will unfold, but rather, examining the many different outcomes of a decision you are making in the present.

Scrying mirrors are tailored to the magician who enchants them, and all images that appear once it has been enchanted will be significant only to them. Magicians cannot perform scrying spells on behalf of strangers or acquaintances and expect their visions to be anything but nonsensical.
CREATE A SCRYING GLASS

WHAT YOU’LL NEED:

1 white candle
galbanum oil
black spray paint
a mirror
pentagram
white cloth

INSTRUCTIONS:

1. Spray paint your mirror black. This is best done outside and with lots of newspaper laid out.

2. Once the paint has dried, you may begin preparing your ritual. Start by casting your magic circle. It should contain a pentagram with the spirit point facing north.

3. Anoint the white candle in a few drops of galbanum oil and place it upon the spirit point of your pentagram. Light it.

4. Place the mirror in the center of your pentagram. Anoint its corners or edges with some galbanum oil on your power hand’s pointer finger. As you do, recite the following incantation:

   Sands of time yet to fall
   Let me see you, hear my call
   Lost in time you will not stay
   In this glass show me the way

   Then, take the bottle and sprinkle a few drops over the mirror. As you, recite the following incantation:

   Sands of time that have yet to fall
   Let me see you, be known to all
   Lost in time you will not stay
   In this mirror show me the way

5. Meditate before the mirror, giving it an objective appraisal of your life so far. This ‘programs’ the mirror to present images pertinent to your life.

6. Close your magic circle.

7. Snuff out the candle.
8. When you’re not using it, cover your scrying mirror in a consecrated white cloth and keep it someplace safe.

**USE A SCRYING GLASS**

Now that you’ve created a scrying mirror, it’s time to use it. Scryings are best performed by moonlight.

**WHAT YOU’LL NEED:**

scrying glass

tome

**INSTRUCTIONS:**

1. Assume a meditative stance. Place the scrying mirror in your lap or across from you (depending on its size).

2. Close your eyes and focus your thoughts on the situation in which you are seeking guidance. Recite the following incantation:

   *Blessed mirror, blessed moon*
   *Grant to me this simple boon*
   *Show to me what I must see*
   *Show to me that which shall be*

   *Whence do I come? Whence shall I go?*
   *With this reflection, let me know*
   *Reveal to me my history*
   *As I will it, so mote it be*

3. Open your eyes and gaze deeply into the mirror. Insight will come to you either in images, sounds, thoughts or environmental changes.

4. Thoroughly record the results of your scrying session in your tome.
LOVE SPELLS

LOVE SPELL ASSOCIATIONS

<table>
<thead>
<tr>
<th>Celestial Body</th>
<th>Element</th>
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<th>Date and Lunar Cycle</th>
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<tbody>
<tr>
<td>Venus</td>
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</table>

Reagents
- ambergris
- camphor
- honey
- jasmine
- lilac
- myrtle
- narcissus
- patchouli
- rose
- sandalwood
- vanilla
- ylang ylang

Tools
- paten
- chalice/goblet

INTRODUCTION

Love spells are what most people think of when magic comes to mind, thanks to Hollywood exaggerations about what 'love' is … and how magic can assist in its flourishing. Unfortunately, in real life, love is a complicated, intimate, and multi-faceted issue. It might be important to clarify just what that means before embarking on a ritual to 'create' it.

'Love' is a feeling that can develop between people relating to sexual compatibility, physical attractiveness and emotional commitment. Modern science has drawn comparisons between the initial bout of love - the 'honeymoon phase' - and highs induced by recreational drugs. To further carry the metaphor, not all 'highs' are experienced the same, depending on our unique biochemical makeups. Some of us fall hard and experience wrenching heartbreak; others recover quickly and 'go with the flow'; others still fear the emotion due to past trauma and resent those that inspire it. However it manifests, this is the sensation generated during a love spell: the initial euphoric 'high.'

Unfortunately, in real life, love alone does not a solid relationship make. Long-term commitments require maturity, honesty, flexibility, communication and compromise to survive. These traits cannot be magically produced; they only come through years of experience and personal growth. So when you use a love charm to draw someone to you, you have supplanted the initial attraction where it might not have otherwise been … and everything that follows.

Consider this: what if you have nothing in common? What if, upon living together, you discover they have a dreadful private habit you have to confront daily? What if they don't satisfy you in bed? Even if the chemistry is flawless, what if they're not ready and the timing is off? Or worse still - what if you have second thoughts later on?
This accounts for love spells' high potential for backfire. Even when cast correctly, love spells may consign you and your target to misery in the long term.

In short: love spells are a heavy-handed solution to a delicate problem. No matter what the circumstances, it is always best to use conventional modes of communicating love before consulting magic.

---

**BOTTLE YOUR LOVE**

This charm helps to encourage domestic happiness in long-term, live-in relationships as long as it remains undisturbed.

**WHAT YOU’LL NEED:**

glass bottle with a cork top  
mortar and pestle  
honey  
rose petals  
jasmine petals  
myrtle leaves  
grains of paradise  
sage  
patchouli incense

**INSTRUCTIONS:**

1. Light the incense.

2. Lay out your ingredients in the order you’ll be adding them: honey, rose petals, jasmine petals, myrtle leaves, grains of paradise and sage.

   Honey, rose, jasmine and myrtle are love reagents, all of which accelerate romantic feelings. Grains of paradise are associated with sex magic and will help retain passion in the bedroom. Sage’s cleansing quality will keep negativity out of your relationship.

   During steps 3–8, walk through your fondest memories of times spent with your lover. Assess the features about them you enjoy the most. Imagine a future with both of you in it, in which both of you are happy, loving and committed to one another.

3. Drizzle a layer of honey on the bottom of the jar.

4. Crush the rose petals in your mortar and pestle. Sprinkle a layer of them over the honey.
5. Crush the jasmine petals in your mortar and pestle. Sprinkle a layer of them over the rose petals.

6. Crush the myrtle leaves in your mortar and pestle. Sprinkle a layer of them over the jasmine petals.

7. Sprinkle some grains of paradise into the bottle. Gently shake it to distribute the grains through the layers of herbs.

8. Crush the sage in your mortar and pestle. Sprinkle a layer of it into the bottle.

9. Cork the bottle shut. Pass it through the smoke from your patchouli incense three times.

10. Leave the bottle on a windowsill at sunrise and allow it to absorb sunlight throughout the day. At sunset, place the bottle on a surface in your bedroom.

---

**SIMPLE LOVE POTION**

This potion excites passion in anyone who drinks it.

**WHAT YOU’LL NEED:**

- saucepan
- strainer
- red wine
- 1 tsp rosemary leaves
- 1 tsp anise seeds
- 1 tsp cloves
- 1 tsp honey
- 1 tsp orange zest
- ground cumin
- 3 leaves of rose geranium
- glass bottle with cork top
- pink or red ribbon

**INSTRUCTIONS:**

1. Pour red wine in a saucepan set over medium heat.

2. Add one teaspoon of rosemary leaves, one teaspoon of anise seeds, one teaspoon of cloves, one teaspoon of honey, and one teaspoon of orange zest. Then, add a pinch of ground cumin and three leaves of rose geranium.
3. Stir the mixture and bring it to a boil for thirty seconds. Then, set it to simmer for two minutes.

4. Remove the saucepan from heat and let it cool until it stops steaming. Using a strainer, pour the liquid into a glass bottle and cork it shut. For decoration, tie a pink or red bow around the neck of the bottle.

---

**LOTION TO ATTRACTION LOVE**

When worn, this lotion will draw lovers to you.

**WHAT YOU’LL NEED:**

8oz glass jar  
1 cup of commercial lotion (any will do!)  
1 tsp vanilla extract  
3 drops of jasmine oil  
2 tsp grated lemon peel  
¼ tsp ground cinnamon  
1 drop of nutmeg oil  
patchouli incense  
mirror

**INSTRUCTIONS:**

1. Light the incense.

2. Place one cup of any lotion you like into an 8oz glass jar.

3. Add one teaspoon of vanilla extract, three drops of jasmine oil, two teaspoons of grated lemon peel, one fourth a teaspoon of ground cinnamon, and one drop of nutmeg oil to the lotion.

4. Stir the lotion to mix the ingredients.

5. Pass the glass jar through the smoke from the patchouli incense three times in a clockwise rotation.

6. When you apply the lotion, do so before a mirror. Begin by anointing your heart chakra. As you do, recite the following incantation:

   *I prepare myself to find romance*  
   *I seek my partner in eternal dance*
Love and romance, where I may be  
I seek to find and draw to me

Do this, and you will find new lovers drawn you to throughout the day. Be sure to make a good first impression!

---

**ATTRACT A LOVER**

Single? Lonely? Use this spell to attract a compatible lover to you.

**WHAT YOU’LL NEED:**

1 pink candle  
1 white candle  
patchouli incense  
1 tsp of sea salt  
2 cups of purified rain water/filtered tap water  
paten  
besom  
athame  
rose-scented soap  
white cloth  
pentagram

**INSTRUCTIONS:**

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the white candle at the spirit point, and a pink candle on the water point of your pentagram. Light the candles.

3. Pour two cups of purified rain water (or filtered tap water) into your paten. Dissolve one teaspoon of sea salt in the water. Mix it with your athame. As you do, recite the following incantation:

   *Rain water*  
   *Pure and clean*  
   *The love I call I shall never wean*

4. Use your athame to anoint your forehead with the water.

5. Light the two candles. As you do, recite the following incantation:
Burning desire
Will not expire
Passion burn as I light this fire

6. Light the patchouli incense. Take the pink candle in your power hand and pass it through the incense smoke. As you do, recite the following incantation:

Drawing scent
Will not relent
In calling forth the one who’s meant

7. Take the still-lit red candle and your paten in your bathroom. Set the red candle on the rim of your bathtub. Draw a warm bath. Pour the water in your paten in with it. Take a bath, washing yourself with the rose-scented soap. Meditate during your bath; imagine the caress of the soap against your skin as your intended lover’s hands exploring every inch of your body. When your bath is finished, blow out the red candle.

8. Dry off completely. Return to your altar and kneel before it nude. Recite the following incantation:

Let him/her reveal themselves to me
As I will it, so mote it be

9. Close your magic circle.

10. Snuff out your candles in a clockwise rotation.

11. Fold the remainder of your candles in a white cloth and keep it under your pillow or mattress for three days following the spell.

---

**ATTRACT A FRIEND**

Not all forms of love are articulated romantically. Platonic love can be the truest love there is, and good friends can be hard to come by. This spell can help.

**WHAT YOU’LL NEED:**

3 brown candles
cauldron (or other fireproof container)
sheet of paper
pencil/pen
pentagram
INSTRUCTIONS:

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. On a sheet of paper, write down the qualities you’re looking for in a new friend. Speak each one out loud.

3. Fold the paper in half twice. Ignite the edge with one of the candles. Drop the burning paper in your cauldron. As you do, recite the following incantation:

   With heart and mind I do now speak
   Bring to me the one I seek
   Let this paper be the guide
   And bring this new friend to my side

   The pain of loneliness be no more
   Draw a compatriot to my door
   With pleasures many and sorrows few
   Let us build a friendship new

   Let not this simple spell coerce
   Or make my situation worse
   Let them reveal themselves to me
   As I will it, so mote it be

4. Let the paper burn completely.

5. Close your magic circle.

6. Snuff out your candles in a clockwise rotation.

---

STRENGTHEN YOUR LOVE

This spell will help strengthen your relationship.

WHAT YOU’LL NEED:

1 red candle
1 pink candle
jasmine oil
rose oil
paten
wax candle stoppers*
* Wax basins used to hold candles in place in holders too large for them.

**INSTRUCTIONS:**

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. Place your paten in the center of the pentagram. Stick two wax candle stoppers on either side of the bowl to hold your candles steady.

3. Anoint your pink candle in jasmine oil, and your red candle in rose oil. Place both in the wax stoppers and light them. As you do, recite the following incantation:

   I light this match so love burns bright
   Glows warm and strong within my life
   Passion, commitment, and trust I tether
   Love be strengthened as these melt together

   Let not this simple spell coerce
   Or make my situation worse
   Invoking now the Law of Three
   As I will it, so mote it be

4. Meditate before the glowing candles as their waxy runoff comingles in the bowl. Visualize your partner growing closer to you emotionally, spiritually and physically the way the wax hardens and bonds together. If the candles are not finished burning by the time your meditations are complete, allow them to do so.

5. Close your magic circle.

---

**STEAL SOMEONE'S HEART**

If you desire someone, but they don’t desire you back, use this spell to ignite the spark. This spell works best if it is done on a Friday or a Saturday between midnight and 6 a.m.

**WHAT YOU’LL NEED:**

1 pink candle  
2 black candles  
patchouli incense  
black cloth  
a personal possession (hair, clothing, jewelry, photo, etc.) from the target  
boline  
blood
INSTRUCTIONS:

1. Carve the name of your target on the pink candle.

2. Cast your magic circle. It should contain an inverted pentagram with the spirit point facing south.

3. Light the incense.

4. Place the two black candles on the fire and water points of your pentagram. Then, wrap your black cloth around the base of the pink candle and light it. Use the flame from your red candle to light the two other candles; be sure to do so in a counter-clockwise (right to left) rotation. Then, place the pink candle across from you on the opposite side of the circle, with the name of your target facing you.

5. Smooth the black cloth over the center of your pentagram. Pass the personal possession from your target through the incense smoke, then place it on the black cloth.

6. Envision your target and all of the attributes you find most desirable about them. Think lustful thoughts of the two of you together. If the target is in a relationship with someone else, imagine your target breaking away from them to be with you.

7. Fold the black cloth over the personal possession. Tie three knots in the black string from right to left, then tie it around the black cloth until it is bundled shut.

8. Raise your power hand over the bundle. Make a small incision in your fingertip with your boline. Gently squeeze the corners of the incision to generate a drop of blood. Anoint the bundle with three droplets of your blood. As you do, recite the following incantation:

   The pain of this wound shall reflect unto thee
   And the love borne of it shall come unto me

   With fateful prick and drawing of blood
   It is as I say, let my will be done

9. Close your magic circle.

10. Snuff out your candles in a counter-clockwise rotation.

11. Place the bundle and the candle remainders someplace you'll see it once or twice a day, like a dresser drawer or a medicine cabinet. For the next full calendar week, every time you see the bundle, touch it with your power hand and observe a moment of silence to visualize your target. After a week, hide it someplace safe. If the bundle is discovered by
the target, destroyed, or lost, the effect will wear off.

---

**LOVE THY SELF**

Before you can love anyone else, you must first love yourself. This spell helps highlight your best features and boost your confidence. It is best cast in the nude.

**WHAT YOU’LL NEED:**

- 3 red candles
- purified rain water or filtered tap water
- red rose with stem
- paten

**INSTRUCTIONS:**

6. Fill your paten with purified rain water or filtered tap water. Place the three red candles in a half-circle around its rim and light them in a clockwise rotation.

7. Stare into your reflection. Assess the best features of your face and body. Then, assess the best parts of your personality. Be proud of your talents and skills.

8. Dip the rose petals in the water. As you do, recite the following incantation:

   *Love’s reflection come to me*
   *As I will it, so mote it be*

9. Anoint your forehead with the rose petals.

10. Display the rose someplace in your home where it will be seen often. When it withers, perform the spell a second time and replace it. If you do this regularly, you will experience a dramatic increase in your self-esteem … and others will inevitably take notice.
SEX SPILLS

SEX SPELL ASSOCIATIONS

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<th>Element</th>
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<th>Date and Lunar Cycle</th>
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<tr>
<td>Venus Mars</td>
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<td>red</td>
<td>Friday Monday waxing moon</td>
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</tbody>
</table>

Reagents | asafoedita, chocolate, coriander, grains of paradise, musk, pepper, red sandalwood, sexual excreta (semen or female ejaculate), vanilla, white musk, ylang ylang

Tools | athame, matches

INTRODUCTION

Whereas love spells are concerned with emotional compatibility, sex spells are concerned only with physical compatibility. The category includes beauty spells intended to make you sexier, and spells to loosen you or your lover’s inhibitions. All of the spells hereafter listed can be used by any gender.

GET BEAUTIFUL HAIR

This potion makes your hair silky, shiny and gorgeous.

WHAT YOU’LL NEED:

- hair brush
- mortar and pestle
- 1 brown egg
- 3 tbsp of flaxseed oil
- 3 tbsp of maidenhair
- a pinch of ground ginseng
- a dash of lemon juice
- plastic wrap
shampoo
conditioner

**INSTRUCTIONS:**

1. Bend over and brush your hair, removing all the tangles and styling products.

2. Place the brown egg, flaxseed oil, maidenhair, ginseng and lemon juice in your mortar and pestle. Grind them until they form a gooey potion.

3. Work the potion into your hair until it is completely saturated. As you do, recite the following incantation:

   *Potion of witches with beautiful hair*
   *Adorn my head beyond compare*
   *Rich and thick the potion goes*
   *Absorb the sunshine and the glow*
   *Maidens weave the gorgeous threads*
   *That creates the hair upon my head*
   *Combine now the egg, magick, and grain*
   *And let naught but true beauty remain*

   *By the elements four and the Law of Three*
   *As I will it, so mote it be*

4. Wrap your hair in the plastic wrap, then spend an hour seated in direct sunlight, where the potion can absorb the heat.

5. When an hour has passed, go back inside, remove the plastic wrap, and take a shower. Shampoo and condition the potion out of your hair. Allow your hair to dry naturally.

---

**ENHANCE YOUR BEAUTY**

Use this spell to bring youthful fairness back to your countenance.

**WHAT YOU’LL NEED:**

1 red candle
musk incense
vanilla oil
1 cup of purified rain water/filtered tap water
paten
pentagram

INSTRUCTIONS:

1. Cast a magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the red candle on the spirit point of your pentagram. Light it.

3. Light the incense.

4. Place your paten in the center of your pentagram. Pour 1 cup of purified rain water or filtered tap water into your paten. Add three drops of vanilla oil and stir the mixture with your fingertips in a clockwise motion. As you do, recite the following incantation:

   *Eyes open and look at me*
   *My glamour and beauty they do see*
   *Radiance shines from deep inside*
   *I am filled with beauty, grace and pride*
   *I am cool and calm and fair of face*
   *Glamour brings only radiance to my face*

   *May this spell enhance my beauty*
   *As I will it, so mote it be*

5. Pass your paten through the musk incense three times.

6. Dip your fingers in the water a second time and use them to anoint your neck and wrists.

   You may do this daily, reinforcing the incantation if you please, by keeping the paten full and dipping your fingers in it to apply during your morning chores. Otherwise, the next time you bathe, pour the water over your head.

7. Close your magic circle.

8. Snuff out the candle.
ALL EYES ON ME

This enchanted powder, when applied before special occasions or outings, will ensure that all eyes are on you.

WHAT YOU’LL NEED:

shiny body powder
lodestone
makeup brush
glass bottle

INSTRUCTIONS:

1. Place the crushed shiny body powder into the glass bottle with a lodestone. Close the lid and gently shake the contents. As you do, imagine the attractive force of the magnetic lodestone drawing everyone’s notice.

2. Dip your makeup brush into the jar and apply a very light layer of the powder to all visible surfaces on your body, including your hair if you like. This generates a shimmer that entices people’s notice, like a hypnotist’s watch.

3. Carry the lodestone somewhere on your person. (It is best stored in a small baggy with ‘lodestone food,’ or iron fillings, to keep its magnetism strong.)

LUSTFUL BATH

Though this is not a spell in the usual sense, this minor enchantment will instill desire in anyone anointed in the bath water.

WHAT YOU’LL NEED:

9 red candles
14 drops of orange oil
14 drops of lime oil
10 drops of rosemary oil
8 drops of cinnamon oil
1 cup of sea salt
1/3 cup of baking soda
red rose petals
musk incense
athame

INSTRUCTIONS:

1. Decorate your bathtub with nine candles. Light them.

2. Mix all of the ingredients together in a hot bath. Drizzle the red rose petals over the surface of the water. Light the musk incense somewhere nearby.

3. Trace a pentagram over the surface of the water with your athame. Focus your magical energy into the water. Visualize lustful things and the physical passion you feel for someone close.

4. Enjoy!

---

MAKE YOUR LOVER MORE PASSIONATE IN BED

Is your bedroom play growing stale? Use this spell to loosen your lover’s inhibitions. This spell was first designed for women to be cast on men; however, if your target is female, simply substitute a female genital candle instead.

WHAT YOU’LL NEED:

1 phallic red candle
musk incense
sexual excretia (female ejaculate or semen)
red cloth

INSTRUCTIONS:

1. Carve the name of your lover into the phallic red candle.

2. Place the candle on your nightstand (or any other surface overlooking your bed) with the musk incense. Light both.
3. Lay out across your bed and masturbate. Visualize lustful thoughts of your lover. Imagine particular ways in which you’d like your lover’s sexual potency to increase. When you have brought yourself to orgasm, anoint the red cloth in your sexual excretia.

4. Wrap the bottom of the red candle in cloth and pass it through the smoke from the musk incense three times. As you do, recite the following incantation:

   *Let thoughts of (name of your target) abound*
   *By this candlelight, lust surround*
   *Make their spirit yearn for mine*
   *Let them hunger all the time*
   *Let their body crave only me*
   *As I will it, so mote it be*

5. Blow out the candle. Once it cools, wrap it in the red cloth. Hide the bundle under your mattress. If it is discovered or removed from this spot, the effect of the spell will wear off. After a full month, the effects will wear off naturally; dispose of the bundle by burying it.
WEALTH SPELLS

WEALTH SPELL ASSOCIATIONS

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<table>
<thead>
<tr>
<th>Reagents</th>
<th>Tools</th>
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<tbody>
<tr>
<td>dirt, frankincense, magnolia, marigold, mulch, oak, rosemary, saffron, spruce</td>
<td>coins, bills</td>
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INTRODUCTION

Money is a ubiquitous concern, and the desire to obtain it is what keeps our society functioning. However, like magic, money only works when you believe in it. Without our mutual agreement of its worth, coins are just wasted minerals, bills are just strips of decorative paper, and cards are useless hunks of plastic. What really compels people to possess it, and lots of it, is the promise of power and material happiness.

For this reason, spells to conjure money employ tropes associated with Jupiter and the Sun. Jupiter’s ‘kingly influence’ represents prudence in financial matters, whereas the Sun’s prosperous influence inspires an abundance of worldly things.

However, most wealth spells are not for the greedy. They are for the average person, whose concern only extends as far as affording the essentials: bills, rent or mortgage, car payments and gas, groceries, student loans, etc. If you have need of it, the universe will provide – you have only to ask properly!

GET MORE MONEY

If you’re short paying for things you need, like bills, rent, medical expenses, repairs, etc. this spell can help generate the cash. It should be performed on a clear Sunday morning.

WHAT YOU’LL NEED:
3 yellow candles
frankincense incense
one dollar bill
zest from an orange, lime or lemon
pentagram

INSTRUCTIONS:

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the three yellow candles on the fire, earth and spirit points of your pentagram and light them in a clockwise motion.

3. Light the incense.

4. Pass the one dollar bill through the incense smoke, then place it at the center of your pentagram.

5. Visualize your goal. Imagine the bill in front of you multiplying into tall stacks. Picture spending the money on things you need, and prudently investing what you don't.

6. Sprinkle the orange, lime or lemon zest in a clockwise rotation over the one dollar bill. As you do, recite the following incantation:

   Sun in the east  
   if it be your will  
   Multiply now  
   this one dollar bill

   With help for many  
   And harm to none  
   On this sunny morning  
   Let my will be done

7. Close your magic circle.

8. Snuff out the candles in a clockwise rotation.

9. Keep the dollar bill in your wallet for a full week as a luck charm. It might be helpful to mark it with a pen in the very upper right corner just to make sure you can distinguish it from the rest.
After the week is up, think carefully about what you use it to help purchase. Items of necessity or practical use will bolster your karma, and therefore the potency of the spell; items that are less practical may diminish your karma.

You can expect money to come easier and in larger quantities within three days of casting the spell. If the dollar used in the ritual is spent or lost before the week is up, the spell's effect will wear off immediately.

---

**CITRINE MONEY CHARM**

This spell enchants a citrine stone to attract money. Citrines are associated with wealth and abundance, and charging one with your unique magic energy will make its money magnetism even stronger.

**WHAT YOU’LL NEED:**

- 3 yellow candles
- frankincense incense
- citrine
- pentagram

**INSTRUCTIONS:**

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the three yellow candles on the fire, earth and spirit points of your pentagram and light them in a clockwise motion.

3. Light the incense.

4. Place the citrine at the center of your pentagram. Hold your power hand palm down over the gemstone and visualize monetary abundance – coins falling into a pile, dollar bills by the hundreds, treasure troves full of precious stones and ancient treasures – to channel your magic energy into the citrine. Meditate for some time over these images.

5. Pass the citrine through the smoke from the frankincense incense three times in a clockwise rotation. As you do, recite the following incantation:
By the shifting tides of luck
I make a claim: money is like muck
It is only good for being spread
For having a rooftop over my head
For purchasing my daily bread
For keeping me one step ahead

Like muck though it may well be
I have need of it; thus, I make a decree:

Enchant this citrine, stone of the sun
It is as I say, let my will be done

6. Close your magic circle.

7. Blow out the candles.

8. Keep the enchanted citrine in your wallet, purse, coin jar, piggy bank, or any other place you store your cash. Have it with you during important financial transactions.

WITCHES' HAND SHAKE

This spell supplants an idea in someone’s mind over a handshake. Use it with your boss, manager, etc. to acquire a promotion, a pay raise, or make a good impression during an interview. It works best when preceded by meditation.

WHAT YOU’LL NEED:

N/A

INSTRUCTIONS:

1. While shaking someone’s hand discreetly slip your index finger over their wrist, where their pulse is felt. This will break their routine. Do not acknowledge the ‘faux-pas.’

2. In this moment, focus your magical energies on a single declarative thought (“I am the one you want for the job,” etc.) and make clear eye contact. This supplants the thought into their mind.
HEALING SPELLS

HEALING SPELL ASSOCIATIONS

<table>
<thead>
<tr>
<th>Celestial Body</th>
<th>Element</th>
<th>Color</th>
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<td>Water</td>
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<tr>
<td></td>
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<td>Friday</td>
</tr>
<tr>
<td></td>
<td></td>
<td>blue</td>
<td>full moon</td>
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</tbody>
</table>

Reagents | almond, calamus, camphor, chamomile, myrrh, onycha, purified rain water/filtered tap water
Tools    | paten, goblet/chalice

INTRODUCTION

For most of human history, disease was a looming specter in the backdrop of people’s difficult and uncomfortable lives. Infant mortality rates were high, plagues threatened to wipe out entire countries’ populations, and the science of human anatomy was poorly understood. Without modern medicine to ensure a healthy standard of living, those who possessed the power to cure ailments, be it through holistic means or spiritual intervention, were highly in-demand. Every society reveres its own form of magic healer, and though advanced technology and complicated pharmaceutical chemistry has rendered many of these positions obsolete, there is still value in investigating a spiritual way to ease suffering.

In most cases, the body already has the faculties needed to combat disease and injury. Magic does not replace these faculties when they are damaged or inefficient; it merely bolsters them, assisting the body in its natural regenerative processes. That being said, magic is NOT a substitute for proper medical attention. If you or someone you know is in serious need of medical attention, call an emergency service IMMEDIATELY.

Healing spells can also assist people in overcoming mental malaises. A magical approach to medicine appreciates the fact that our mental state is intimately connected to our physical state and treats it in kind – by helping provide sufferers with the tools they need in the form of useful insight and negativity banishment to broaden their perspective on matters that trouble them.
MASSAGE TO CLEANSE THE CHAKRAS

Like any other bodily system, stress and negative energy can cause “blockages” in our primary energy channel. When these blockages persist, they can cause spiritual depression in the areas the particular chakra is associated with. A simple way to keep your chakras cleansed is by receiving a thorough chakra massage. Performing chakra massages can help familiarize novice magicians with the location of the chakras on the body.

This massage can be performed any time, but it works best if done at the beginning and the end of each lunar cycle.

WHAT YOU’LL NEED:
7 white candles
organic massage oil
sage incense
white cloth
twine

INSTRUCTIONS:
1. Set up the seven white candles decoratively around the bed, couch, etc. where you will be administering the massage. Light them.

2. Light the sage incense.

3. Be seated across from the recipient of your massage. Center yourself. Straighten your back, relax your shoulders and cross your legs by tucking your ankles under your calves. Instruct your partner to do the same. Place your palms to theirs.

4. Breathe in deeply, inhaling through your nose. Exhale out through your mouth in a long, drawn-out chant, in sync with the recipient of your massage:

   AUM (pronounced OOOOHM)

5. Have your partner lie face down on the bed, couch, etc. Straddle the bend of their legs.

6. Apply massage oil liberally to their shoulders and rub it in.

7. Start massaging from the base of the tailbone, where the root chakra is located on the spine. Start by gently rolling your thumbs in circles on either side of the tailbone. Then, compress your knuckles against their back and repeat the gesture with a wider berth. Start working your way up the spine slowly. Repeat the cycle when you’ve reached each
subsequent chakra.

When you reach the bottom of the lumbar curve (the L5 and L4 vertebrae), you’ve reached the *sacral chakra*. When you reach the top of the lumbar curve (the L2 and L1 vertebrae), you’ve reached the *solar plexus chakra*. When you reach the center of the thoracic curve (the Th7 vertebrae), you’ve reached the *heart chakra*. When you reach the bottom of the cervical curve (the C7 and C6 vertebrae), you’ve reached the *throat chakra*. When you reach the back of the head, you’ve reached the *third eye chakra*. When you reach the top of the head, you’ve reached the *crown chakra*.

8. Conclude the massage by instructing your partner to stretch.

---

**HASTEN RECOVERY**

This spell helps individuals in recovery to achieve normal health sooner.

**WHAT YOU’LL NEED:**

- 1 white candle
- chamomile incense
- sea salt
- a personal possession (hair, clothing, jewelry, photo, etc.) from the target
- white cloth
- twine
- pentagram

**INSTRUCTIONS:**

1. Carve the name of your target on the white candle.

2. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

3. Light the incense.

4. Wrap your white cloth around the base of the white candle and light it. Then, place the white candle on the spirit point of your altar, with the name of your target facing you.

5. Smooth the white cloth over the center of your pentagram. Pass the personal possession from your target through the incense smoke, then place it on the white cloth.
6. Envision the target returning to full health. Picture their affliction being flooded out by a bright white light.

7. Sprinkle sea salt in a clockwise rotation over the personal possession with your power (writing) hand. As you do, recite the following incantation:

*Magic mend and candle burn,*
*Sickness end, good health return*

*By the light of the moon*
*and the path of north*
*Let illness be purged*
*and good health flow forth*

*Let not this simple spell coerce*
*Or make their situation worse*
*Hear now my humble plea*
*As I will it, so mote it be*

8. Fold the white cloth over the personal possession. Tie the twine around the white cloth until it is bundled shut.

9. Close your magic circle.

10. Snuff out your candle.

11. Place the bundle and candle remainder someplace safe until the afflicted person has recovered. If the bundle is lost or opened before the target has recovered, the effect will wear off.

---

**HEALING LAUGHTER**

Laughter is the best medicine. It releases dopamine into your bloodstream, which instigates a rush of positivity that can overcome most momentary sadness. Use this spell to alleviate stress after a long day.

**WHAT YOU’LL NEED:**
INSTRUCTIONS:

1. Before you perform the spell, keep a notebook or index cards of jokes you find hilarious.

2. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

3. Meditate over the source of your troubles – what worries you, what happened to worry you, what you’re worried will happen, etc. – and get all of your negativity out. Let it wash off of you like dirt under a steady stream of water.

4. Read off of the index cards until you start to laugh. Keep doing so until the laughter flows forth and your mood has improved. Because of the circle, the jokes will be profoundly funnier, and your mood improvement from them will last longer.

5. Close your magic circle.

HEALING SPELL FROM 'THE KALEVALA'

The Kalevala is a 19th-century epic poem compiled by Ellias Lönnrot from oral retellings of Finnish and Karelian folklore and mythology. It contains valuable insight into the shamanistic practices of old. The following is a spell contained within its pages. It draws upon the element of air, and is best performed during the new moon.

WHAT YOU’LL NEED:

1 blue candle
sandalwood incense
pentagram

INSTRUCTIONS:

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the blue candle on the air point of your pentagram. Light it.

3. Light the sandalwood incense as an offering to the element.

4. Recite the following incantation:

   Sickness,
Vanish into the sky!
Pain, fly up into the air.
Burning vapor,
Rise up into the air!
So that the wind may take thee away.
So that the storm may chase thee to far places.
Where neither Sun nor Moon gives light.
Where no hot wind burns the flesh.

5. Thank the element of air for entering your circle. Allow the candle to burn down completely.

6. Close your magic circle.

Gypsy Healing Spell

The Gypsies used the figure of the pentagram as a healing symbol in a special healing ritual intended to sever illness from the body. This spell requires cutting string close to the recipient’s body, so be very careful when using your boline.

WHAT YOU’LL NEED:

3 white candles
ball of string
boline

INSTRUCTIONS:

1. Lay the person suffering from illness out flat on a bed or a comfortable place on the floor. Have them positioned spread eagle on their back.

2. Place three white candles decoratively nearby and light them.

3. Have your volunteer bite one end of the string. Roll the ball out until it traces a line to their right foot. Cut the string loose from the ball. Have the volunteer hold the strand tight between their toes. Sever the string with your boline.

4. Run the string from their right foot to their left hand. Have them hold the string taut between their fingers and toes. Sever the string with your boline.

5. Run the string from their left hand to their right hand. Have them hold the string taut between their fingers. Sever the string with your boline.
6. Run the string from their right hand to their left foot. Have them hold the string taut between their fingers and toes. Sever the string with your boline.

7. Run the final length of string from their left foot to their face. Cut the string loose from the ball. Have your volunteer bite the end of the string to hold it taut. Sever the string with your boline.

8. Discard of the string remains in an open fire.

---

**BREAK A CURSE**

If you suspect you or someone you know is the victim of a curse, use this spell to lift it. This spell uses tropes common in protective magic through the red candles, drawing upon the cauterizing influence of fire, and is therefore somewhat dissimilar to any other healing spells listed here.

**WHAT YOU’LL NEED:**

- 1 white candle
- 2 red candles
- sage incense
- 2 cups of purified rain water/filtered tap water
- 1 tsp sea salt
- paten
- athame
- pentagram

**INSTRUCTIONS:**

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the white on the spirit point, and the red candles on the fire and water point of your pentagram. Light the candles.

3. Light the sage incense.

4. Pour two cups of purified rain water (or filtered tap water) into your paten. Dissolve one teaspoon of sea salt in the water. Mix it with your athame. As you do, recite the following incantation:

   *By the light of the full moon’s wane*
   *Cleanse my soul of taint and stain*
   *Let now this hurtful spell reverse*
And lift me from this vicious curse
As I kneel before this sacred space
Return my soul to its former grace

5. Pass the paten through the sage incense three times in a clockwise rotation.

6. Take your paten into the bathroom. Draw a bath. Thoroughly wash yourself with soap. Then, pour the contents of the paten over your head to wash away the last remnants of the curse.

7. Drain the bath. Gently dry off. Return to your altar. Kneel before it nude. Recite the following incantation:

Accept my apologies for what was done
Disperse this curse with the morning sun
Let not this simple spell coerce
Or make my situation worse
Hear now my humble plea
As I will it, so mote it be

8. Close your magic circle.

9. Blow out the candles in a clockwise rotation.

10. Go to bed in the nude.

11. Bury the candle remainders in nature the following day.

---

**REVERSE A CURSE**

This spell doesn’t lift a curse. Rather, it detaches the curse from you and sends it back to its magician of origin.

**WHAT YOU’LL NEED:**

3 white candles
a mirror
organic soap
sea salt

**INSTRUCTIONS:**
7. Set the three white candles decoratively around a mirror, one you can be seated across from in a meditative pose.

8. Light the candles.

9. Assume a meditative stance. Cross your legs, straighten your back and relax your shoulders. Place your hands on your knees with your palms facing up. Raise your chin and face directly into the mirror.

   Begin deep breathing. Inhale through your nose and hold the air in your lungs for five seconds. Exhale through your nose and keep your lungs empty for another five seconds.

10. When your mind is clear of all mental static, visualize your target. Imagine the curse seeping out of you through your pores in the form of a vile liquid. Imagine the liquid seeping up from the floor, to the wall, to the mirror, where the caster of the curse's reflection has replaced your own. Imagine their image being saturated in the vile liquid beyond any recognition.

11. Recite the following incantation:

   With this spell may I reverse
   This unholy word of curse
   Let all the misery it hath wrought
   Be brought to they, and they to naught

   Let not this simple spell coerce
   Or make my situation worse
   Hear now my humble plea
   As I will it, so mote it be

12. Draw a warm bath or shower. If bathing, sprinkle salt into the water in a clockwise rotation. If showering, sprinkle salt around the basin of the shower in a clockwise rotation. Then, bathe thoroughly with organic soap.
PROTECTION SPELL ASSOCIATIONS

<table>
<thead>
<tr>
<th>Celestial Body</th>
<th>Element</th>
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</thead>
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<td>Sun</td>
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<td>red</td>
<td>Sunday</td>
</tr>
<tr>
<td>Mars</td>
<td></td>
<td>white</td>
<td>Tuesday</td>
</tr>
<tr>
<td>Jupiter</td>
<td></td>
<td></td>
<td>Thursday waxing moon</td>
</tr>
</tbody>
</table>

**Reagents**
- acacia, citrus, eucalyptus, frankincense, garlic, mint, sage, saffron, sea salt, spruce

**Tools**
- athame, matches

INTRODUCTION

Whereas healing spells are *reactive*, remedying negativity that has already taken hold, protection spells are *proactive*, warding off the negativity before it gets a chance to lay roots. These spells are particularly encouraged for those endeavoring to astrally project or summon extra-planar creatures.

PROTECT AN OBJECT

Cast this ward on an object to protect it from negativity.

**WHAT YOU’LL NEED:**
- dragon’s blood incense
- dragon’s blood ink
- quill pen
- parchment paper
- matches

**INSTRUCTIONS:**

1. Lay your parchment paper out flat.
2. Light your incense.

3. Pass the object to be warded through the incense smoke, then place it on the parchment.

4. Using your dragon's blood ink and quill pen, draw a pentagram on the parchment below the object.

5. Strike a match and burn the parchment paper in a fire-proof container. Make sure it is completely reduced to ash. As it burns, recite the following incantation:

   By the protective element of fire  
   Let this ward's vigil never expire  

   Let no harm now come to thee  
   As I will it, so mote it be

---

**PROTECT YOUR BOOK OF SHADOWS**

Use this spell to protect your spell book, ensuring that anyone who steals or damages it does so at their own risk.

**WHAT YOU’LL NEED:**

1 white candle  
1 red candle  
frankincense incense  
Book of Shadows  
white cloth  
pentagram

**INSTRUCTIONS:**

12. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

13. Place the white candle on the spirit point, and the red candle on the fire point of your pentagram. Light the candles.

14. Light the frankincense incense.
15. Place your Book of Shadows at the center of your pentagram. Place your power hand over the cover and concentrate your magical energy into a protective flaming shield around the book. Imagine this in great detail. As you do, recite the following incantation:

Whom-so-ever views this tome
Power's ebb and flow be known
Bespeak to none the scribed marks here
Or know the meaning of true fear

Aloud, the cast is set in stone
No pleas recanting will atone
Silent caution be thy guide
Choose not these words to set aside

Invited shall the blessing be
Threefold thrice as three times three
In knowledge sought and wisdom gained
The learned way is thus maintained

If theft of power be thy goal
Then cease thy wandering through my soul
For cursed will thy person be
Threefold thrice, so mote it be

16. Pass the Book of Shadows through the smoke from your frankincense incense three times in a clockwise motion.

17. Close your magic circle.

18. Blow out the candles in a clockwise rotation.

19. Fold a white cloth around your Book of Shadows and store it in this wrapping between uses.

---

**PROTECT YOUR HOUSE**

This spell jar will protect your home from negativity as long as it is not moved or broken.

**WHAT YOU’LL NEED:**

1 white candle
1 red candle
1 glass jar with a cork stopper lid
½ cup of sea salt
3 cloves of garlic
9 bay leaves
7 tbs dried basil
4 tbs dill seeds
1 tbsp sage
1 tbsp nutmeg
1 tbsp black pepper
1 tbsp fennel
frankincense incense
paten
pentagram

INSTRUCTIONS:

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the white candle on the spirit point, and the red candle on the fire point of your pentagram. Light the candles.

3. Light the frankincense incense.

4. Place your paten in the center of the pentagram. Add each of the herbs and salt one at a time into the paten. Mix them in a clockwise rotation with your bare fingers while you visualize ‘secure’ things, like fences or castles. As you do, recite the following incantation:

   Salt and herbs, nine of nine
   Guard now this home of mine

   Hear now my humble plea
   As I will it, so mote it be

5. Pass your paten through the smoke from the frankincense incense three times.

6. Pour the herbs into the glass jar and cork it shut.

7. Close your magic circle.

8. Blow out the candles.

9. Bury the jar in your yard, hide it in your walls, or place it somewhere safe (but visible) in a highly trafficked room in your home.
PROTECT YOUR PET

This spell will keep your pet safe from negative energies. It is intended mostly for dogs and cats, but it can be used for other animals as well.

WHAT YOU’LL NEED:

1 white candle
frankincense incense
your pet’s favorite toys and leash
a lock of your pet’s fur
small locket or box

INSTRUCTIONS:

11. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

12. Place the white candle on the fire point of your pentagram. Light it.

13. Light the incense.

14. Place the pet’s belongings – toys, leash, etc. – at the center of your pentagram. Place the locket or box open among them, and place the lock of your pet’s fur inside of it.

Depending on what type of pet you have, the incantation you should chant will vary. Below are some examples.

DOG
Oh faithful friend with wagging tail
To you I spell, this wish prevails
May your life be long and full of fun
With long walks taken in the sun
Dwell with your witch in her domain
And be free of fleas and other pains
Here in this place your essence be
Long life, good health, so mote it be

CAT
Beloved cat, beloved friend
May our friendship never end
From whiskers’ edge to tip of tail
May Bast protect you without fail
Nine times nine, your life and mine
In Bast’s blessing, be intertwined
Here in this place, your essence be
Long life, good health, so mote it be

OTHER
There is a magical bond between man and beast
I surround you with magic beginning in the east
Now south, west, and north the power does spin
(Pet’s name), you have my love without end
Here in this place, your essence be
Long life, good health, so mote it be

15. Pass each of your pet’s possessions through the frankincense incense three times in a clockwise rotation, saving the locket or box for last. Close it before you pass it through the incense.

16. Close your magic circle.

17. Blow out the candle.

18. Keep the locket or box displayed somewhere near your altar with a photo of the blessed pet.

SAFE TRAVEL

This protection spell is unlike the others in that it is best performed on the day and hour of Mercury. Mercury’s domain includes travel. It will ensure your journey, wherever it may be, is safe and without incident.

WHAT YOU’LL NEED:

1 white candle
a map of your route and destination
white chalk
lavender incense
two hematite stones
white ribbon

INSTRUCTIONS:

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the white candle on the spirit point of your pentagram. Light it.
3. Light the lavender incense.

4. Lay your map out flat in the center of your pentagram. Draw your intended route out with white chalk. Place the two hematite stones at the beginning and end points of your route.

5. Recite the following incantation:

   Bless our journey and keep us from harm
   With light of protection and hematite charm
   Our path be straight and free from strife
   Many more adventures left upon my life

   Hear now my humble plea
   As I will it, so mote it be

6. Roll the map into a cylinder. Be sure to keep the hematite stones inside. Tie it shut with the white ribbon and pass it through the smoke from the lavender incense three times in a clockwise rotation.

7. Close your magic circle.

8. Blow out the candle.

9. Keep the map among your belongings when you travel for good luck and protection.

---

**PROTECT YOUR THOUGHTS**

If you suspect your thoughts are being intruded upon, either by another magician or an extra-planar entity, use this spell to conceal your mind.

**WHAT YOU’LL NEED:**

- bundle of dried sage
- common ivy
- twig from a hedge
- white string
- paten

**INSTRUCTIONS:**

1. Wrap the dried sage, common ivy and twig in a bundle. Tie it with the white string. Don’t tie it too tightly; the herbs will need breathing room to catch and sustain a fire.
2. When you’re doing something you’d like hidden from magical influence, place the bundle in your paten (or any other fireproof vessel) and light it. Walk the paten around the area in a clockwise rotation, distributing the smoke throughout. Then, set it down somewhere nearby and allow it to burn completely.

This is best done outside. If you’re using it indoors, be sure the room is well-ventilated so as not to raise a false fire alarm.

3. Once the bundle has been reduced to ash, take the ashes to your doorstep and toss them into the breeze.
BANEFUL SPELL ASSOCIATIONS

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<th>Element</th>
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<th>Date and Lunar Cycle</th>
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<td>fire</td>
<td>black</td>
<td>Saturday waxing moon</td>
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<table>
<thead>
<tr>
<th>Reagents</th>
<th>Tools</th>
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</thead>
<tbody>
<tr>
<td>bat’s blood, cypress, dragon’s blood, graveyard dirt, hemlock, <em>henbane</em>, <em>nightshade</em>, <em>marijuana</em>, <em>opium</em>, scammony, sulfur, thorns, thyme</td>
<td>athame, matches</td>
</tr>
</tbody>
</table>

Highlighted reagents are toxic or have mind-altering effects. Handle and ingest with caution.

INTRODUCTION

Now we arrive on the primary focus of black magic – baneful spells.

Whereas all other disciplines rely on clarity of mind and spirit to increase spell potency, baneful magic is at its most effective when the casting magician channels genuine malice and contempt to project their wicked will upon an unwitting victim. In fact, without malice to motivate curses, they are at best ineffective, at worst prone to catastrophic backfire.

Black magic generates bad karma, the severity of which depends on the viciousness of your spell. Magicians dabbling in curses can expect to suffer the consequences in the form of circumstantial bad luck ranging from petty irritants to major tragedies.

Baneful magic is different than other spells in that most of them contain a clause within the incantation specifying what the target can do to rid themselves of the curse. This provision is important. If a spell lacks it, it is intended for higher-level magicians only, and the risk of casting it is greatly enhanced.

INSPIRE GUILT

Was the apology you received for a wrongdoing less than convincing? Worse yet, are you still waiting on one? Use this spell to fill your victim with unbearable guilt.
WHAT YOU’LL NEED:

2 black candles  
dragon’s blood incense  
a flat stone  
a personal possession (hair, clothing, jewelry, photo, etc.) from the target  
thorns  
black cloth  
twine  
inverted pentagram

INSTRUCTIONS:

1. Cast your magic circle. It should contain an inverted pentagram with the spirit point facing south.

2. Place the two black candles on the fire and spirit points of your pentagram. Light them in a counter-clockwise rotation.

3. Light the dragon’s blood incense.

4. Smooth the black cloth over the center of your pentagram.

5. Place the personal possession from your target on the cloth. Scatter the thorns over the personal possession.

6. Place the flat stone over the personal possession to represent the weight of guilt upon their conscience.

7. Fold the cloth shut and tie the bundle with three loops of twine.

8. Pass the bundle through the smoke from the dragon’s blood incense. As you do, recite the following incantation:

   You’ve done wrong, you know it well  
   The secret’s out, and so’s this spell  
   Crushing weight will break and bend  
   When you come clean the curse will end  

   Only then will you be free  
   As I will it, so mote it be
9. Close your magic circle.

10. Blow out the candles.

11. Keep the bundle hidden, but in your possession, for a full week. When the week is over, bury it in your target’s yard or somewhere in their home (if you can manage).

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**PUNISH A LOVER FOR LEAVING YOU**

All’s fair in love and war. If your lover treated you poorly, then broke up with you, use this spell to get your revenge. This spell is specifically for women to cast on men, but you can substitute the ingredients where appropriate for any gender you like.

**WHAT YOU’LL NEED:**

- 2 black candles
- 1 phallic red candle
- dragon’s blood incense
- 1 rose with thorns
- nails, screws, thumbtacks, safety pins, and other small, pointy objects
- a personal possession (hair, clothing, jewelry, photo, etc.) from the target
- a small trash bag

**INSTRUCTIONS:**

1. Carve the name of your target on the phallic red candle.

2. Cast your magic circle. It should contain an inverted pentagram with the spirit point facing south.

3. Light the dragon’s blood incense.

4. Place the two black candles on the fire and water points of your pentagram. Holding the bottom with your trash bag, light the phallic red candle and use it to light the two other candles; be sure to do so in a counter-clockwise (right to left) rotation. Then, place the red candle across from you on the opposite side of the circle, with the name of your target facing you.
5. Smooth the trash bag over the center of your pentagram. Pass the personal possession from your target through the incense smoke, then toss it cavalierly into the trash bag.

6. Hold the rose by its stem over the flame from your candle, allowing it to color as it burns without lighting on fire. As you do, visualize your former lover experiencing an agonizing burning sensation in their genitals. Then, cut the rose into three pieces, leaving the petals attached to one piece, and toss them one by one into the trash bag with their personal possession. As you do, recite the following incantation:

   *Red rose, red rose, with thorns so thick,*  
   *Cut, slice, graze and prick*  
   *As I have cried, now so shall they*  
   *Make pleasure they feel now turn to pain*

   *Let them suffer this awful fate*  
   *Pray that their apology does not come late*  
   *For if they do not pay their dues*  
   *They’ll find themselves broken beyond any use*

   *Only then shall they be free*  
   *As I will it, so mote it be*

7. Close your magic circle.

8. Snuff out your candles in a counter-clockwise rotation.

9. Place the candle remainders in the trash with the rest of the reagents. Tie the bag shut and dispose of it in a crude place, like a dumpster or a sewer drain, to literally and metaphorically say good riddance to bad trash.

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**CAUSE ERECTILE DYSFUNCTION**

This spell, specifically for female magicians, ensures that if your lover is seeking another woman’s company, he won’t be for long.

**WHAT YOU’LL NEED:**

1 phallic black candle
red yarn
boline
dragon’s blood incense
inverted pentagram

INSTRUCTIONS:

1. Carve the name of your target on the phallic black candle.

2. Light the candle not far from where you are seated.

3. Light the dragon’s blood incense.

4. Measure your lovers’ penis length ahead of time so that you can cut your yarn to match it. Tie three equidistant knots in it. As you do, recite the following incantation:

   With these knots to me you’re tied
   Only for me will you now rise
   Only for me shall you now grow
   And if wild oats you try to sow
   Limp and flaccid you shall be
   Until you come back home to me

   Only then shall you be free
   As I will it, so mote it be

5. Hold one end of the yarn above the flame on your candle, charring the tip. Repeat with the other end.

6. Blow out the candle. Once it cools, wrap it in the red cloth. Hide the bundle under your mattress. If it is discovered or removed from this spot, the effect of the spell will wear off. After a full month, the effects will wear off naturally; dispose of the bundle by burying it.

7. Keep the knotted yarn on your person at all times – in a pocket, tied into a bracelet, etc. – at all times during the month in which the spell is active. This will ensure that your lover cannot perform when in another woman’s bed.

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DECAY SOMEONE’S BEAUTY

For some people, maintaining good looks and being physically desired is the key to their self-esteeem. Hit them where it really hurts with this curse to decay someone’s beauty over time.
Specifically designed to be cast against a woman, you can substitute the gendered materials to suit a man as well.

**WHAT YOU’LL NEED:**

1 black female candle  
dragon’s blood incense  
photo of the target  
water  
graveyard dirt  
paten  
inverted pentagram

**INSTRUCTIONS:**

1. Carve the name of your target onto the female candle.

2. Cast your magic circle. It should contain an inverted pentagram with the spirit point facing south.

3. Place the female black candle on the fire point of your pentagram. Light it.

4. Light the dragon’s blood incense.

5. Place your paten at the center of your pentagram. Add the water and graveyard dirt to form a soupy, muddy mix.

6. Place the photograph of your target on the altar. Dip two fingers from your power hand into the mud and smear it over the photo. Imagine ugliness creeping over their features – yellowed, decaying teeth, hideous boils, hair falling out, etc. – as the mud anoints them. As you do, recite the following incantation:

   *Muddy water make a slop  
   With which we will cause to stop  
   The beauty that is present here  
   May it fade, and give way to fear  
   Over the ugliness beneath that runs so deep  
   To gaze upon it shall make thee weep*  

   *For now that this wicked spell is cast  
   There shall be only one way to take it back  
   May their exterior reflect their interior soul  
   And by cleansing one, they cleanse the whole*
Only then shall they be free
As I will it, so mote it be

7. Tear up the photograph and drop the pieces into the sludge.

8. Pass your paten through the smoke from your dragon’s blood incense three times in a counter-clockwise rotation.

9. Close your magic circle.

10. Blow out the candle.

11. Dispose of the sludge and the candle remainder in a garbage can, a dumpster, a swamp, a landfill, or another place of ‘filth.’

**DEVOUR SOMEONE’S SOUL**

While not literally a spell to render someone ‘spiritually dead,’ this spell uses the ‘soul’ as an allegory for ‘magical potential.’ When it is cast, it depresses the target spiritually, rendering them vulnerable to subsequent psychic attack. The duration depends on your hatred for the victim.

**BEWARE!** – this spell has ENORMOUS potential for backfire, and even when successfully cast will inevitably yield bad karma. Use wisely.

**WHAT YOU’LL NEED:**

- 2 black candles
- dragon's blood incense
- 7 bones from an animal you personally killed
- a personal possession (hair, clothing, jewelry, photo, etc.) from the victim
- black cloth
- black twine

**INSTRUCTIONS:**

1. Carve the name of your victim on one of the black candles.
2. Cast your magic circle. It should contain an inverted pentagram with the spirit point facing south.

3. Light the dragon’s blood incense.

4. Place the black candle without the victim's name on it on the fire point of your altar. Wrap your black cloth around the base of the black candle with the victim's name on it and light it. Use it to light the other candle. Then, place it across from you on the opposite side of the circle, with the name of your victim facing you.

5. Smooth the black cloth over the center of your pentagram. Pass the personal possession from your victim through the incense smoke, then place it on the black cloth.

6. Envision your victim. Imagine their soul being wrenched from their physical body through their crown and brow chakras. Visualize all the color draining from them and take pleasure in the thought of them being reduced to a soulless husk.

7. Begin scattering the bones. Scatter one bone at a time in line with the following incantation:

   Ashes to ashes, dust to dust
   I scatter these bones with hate and disgust

   From eternal fires burning out of control
   I open my jaws and swallow your soul

   This awful fate you cannot foresee
   As I will it, so mote it be

8. Fold the black cloth over the personal possession and scattered bones. Tie three knots in the black string from right to left, then tie it around the black cloth until it is bundled shut.

9. Close your magic circle.

10. Snuff out your candles in a counter-clockwise rotation.

11. Take the bundle and the remainder of the black candle with the victim's name on it in nature where it won't be discovered. Do this by cover of night. Light the remainder of the candle (if possible) and place it somewhere nearby, being careful to avoid starting a fire.
12. Destroy the bundle. Crush it under your foot; light it on fire; smash it with a rock; weigh it down with a stone and drop it in a lake. Whatever method of disposal you choose, pour the full force of your wrath into it.

13. Snuff out the candle and bury it.
SUMMONING SPELLS

SUMMONING SPELL ASSOCIATIONS

<table>
<thead>
<tr>
<th>Celestial Body</th>
<th>Element</th>
<th>Color</th>
<th>Date and Lunar Cycle</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moon</td>
<td>air, fire</td>
<td>white</td>
<td>Monday</td>
</tr>
<tr>
<td>Jupiter</td>
<td></td>
<td>purple</td>
<td>Thursday</td>
</tr>
<tr>
<td>Saturn</td>
<td></td>
<td>black</td>
<td>Saturday, new moon</td>
</tr>
</tbody>
</table>

Reagents: camphor, clover, dill, frankincense, licorice, sage, sandalwood, oak
Tools: wand, athame, controlling weapon

INTRODUCTION

Powerful magicians can bridge the gap between ordinary and non-ordinary reality, allowing extra-planar creatures to occupy their magic circle.

All manner of creatures reside in the astral plane, and most are content to ignore and be ignored by the physical plane. These include elementals and astral beasts.

Some are stuck in the liminal space between the astral and the physical plane. Commonly, these are the restless spirits of deceased humans, otherwise known as ghosts.

Some, however, are seeking open portals so that they can realize agendas on the physical plane, and they are rarely kindly motivated. In the case of deceased human spirits, these are called poltergeists; in the case of extra-planar creatures, these are called demons.

OUIJA BOARDS

Ouija boards are a fairly common symbol of occult magic, to the point that those even fleetingly familiar with the subject will recognize them right away. Many fear them and refuse to keep them in their homes. Others see them as a silly novelty. But what are they, really?

Ouija boards rely on a technique called "automatic writing," in which the participant forms a sentence from the letters, numbers and simple statements on the board by telepathically guiding a planchette, or heart-shaped piece of wood.
The earliest record we have of automatic writing as an occult practice comes from China in 1100 AD, where it was known as "fuji" (or "planchette writing.") It was banned in China during the Qing Dynasty, but was used in Greece, Rome, India and medieval Europe to communicate with the deceased.

Today, most people recognize ouija boards as a trademarked product of Hasbro Inc., who started producing them en-masse alongside their other board games during the early nineteenth century. (It's during this time that they took on the name "ouija"; until then, they were referred to as simply "planchettes.") These are the boards most commonly used and sold today.

In occult magic, ouija boards are an open portal inviting anyone (or anything) listening to respond, and herein lies their danger - ANYTHING can respond, whether it's the spirit you've requested or not. Due to the simplistic communication possible via a ouija board (complex sentences and thoughts take a long time to articulate), deception on the part of the spirit is VERY easy.

However, before you can determine what you're talking to, you must be sure you're being spoken to at all.

To conduct a thorough ouija board discussion, you should be in a room by yourself (or with your participants seated in a circle around the board). All of the lights must be turned off, with the exception of candlelight. White candles are preferred.

Once you have the lights out, your candles lit, your board presented and your planchette placed at the center of the board, you have only to request the spirit's presence and await a reply.

Spirits who have established a strong enough connection to the physical plane will be able to manipulate the planchette to speak with you. Some spirits lack the 'presence' to manipulate objects on the physical plane in such an obvious way, and may attempt to communicate through other means. These include, but are not limited to:

- wildly flickering candlelight
- knocks on doors or walls
- objects being displaced, knocked over, or even thrown across rooms
- touches from unknown sources; a stroke on the arm or cheek, a cold shudder down the spine, etc.
- the sensation of being 'watched' by an unseen observer

Especially perceptive mediums may hear whispers, mutters or echoes, or may even see the spirit physically manifest somewhere in the room. Usually they take the form of amorphous balls of light, but particularly fortunate mediums report having seen full-body apparitions.

If it's your first time, consider yourself grateful your candles were disturbed!

Now that you know you're being spoken to, it's time to discern to whom you are speaking. Introduce yourself and anyone else who may be present. Announce your intentions clearly. Once you have done so, you should begin with simple yes or no questions until the psychic bond is strong enough to facilitate deeper inquiries.
The course of the conversation can help determine who's on the other end of the line. If the being you are speaking to:

- talks in riddles
- is standoffish, pushy or rude
- propositions you; makes deals, bets, offers, etc.
- avoids giving you its name
- makes you feel unsafe, intruded upon, violated

... they probably mean you harm.

If you suspect this is the case, cease communication immediately. Sprinkle some salt over the board to purify the latent energy, then sweep the remnants off with a besom (the witch's term for 'broom.') Bury the ouija board and the candle remainder in nature where it won't be found, and never dig it up or seek it out again. The malicious spirit, having successfully contacted you, now has your 'scent' - so to speak - and finding you again is made all the easier if you use the same board.

If, however, you'd like to take your chances with a second go, sprinkle the salt, wrap the board in a white cloth that's been properly consecrated, and put it somewhere secret and safe for no less than three days (or a full lunar cycle, if you're really thorough).

Some especially strong malicious spirits need only to talk to you once before they can pass over at will. If you suspect a spirit you spoke to via a ouija board has overstayed their welcome, you should burn sage (in its dried form or in incense form - whichever works best for you) in your home twice a day; sage has powerful cleansing and purgative qualities that malicious spirits despise. A consecrated bottle of sage (combined with other herbs to ward off negativity, such as fennel, garlic, rosemary or barley) can retain a protective ward over your home for long periods of time, ensuring anything that came through the portal won't want to return.

Used properly, ouija boards can help individuals get in touch with spirits in need of assistance before passing over, thereby lifting meddlesome 'hauntings' or 'visitations' that, while benign, are disruptive and frightening to the still-living residents of a home. Used improperly, ouija boards can invite profound negativity, some of which can continue manifesting after just one successful communication attempt for years following.

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**SUMMON A GHOST**

As you just read, ouija boards can be used to summon all types of other-worldly beings. The following spells allow you to summon specific entities into a magic circle. This one, for example, is used to summon ghosts.

**WHAT YOU’LL NEED:**
5 white candles
camphor incense
sea salt
besom
pentagram

INSTRUCTIONS:

1. Cast a magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the white candles on every point of your pentagram. Light them in a clockwise rotation.

3. Light the camphor incense.

3. Recite the following incantation:

   Unknown spirit, we call on thee  
   Those who wish to set you free  
   Cross on over, so that we may help  
   Come to us, reveal yourself

4. Wait ten seconds for a response.

   If you receive no response, repeat the incantation and wait another ten seconds. If you do not receive a reply again, you may try one more time.

   If you do receive a response, begin the conversation by asking simple yes or no questions.

5. When you are ready to release the spirit, thank it for its time and wish it farewell before closing your magic circle.

6. Snuff out the candles in a clockwise rotation.

   If you received no response, you may make another attempt on the next Monday or Thursday. If paranormal activity associated with the ghost stops in the three days after the ritual, you may have frightened it off. When it is ready to attempt communication once again, the paranormal activity will resume.

   If you did receive a response, you have now issued the ghost an invitation to enter your magic circle whenever it is open. Use this link to assist the ghost in ascending to the astral plane.
**SUMMON A LESSEER DEMON**

Only successful demons gorged on crude magical energy will go on to specialize in certain vices and gain prestige within the lower plane. Not-so-successful demons are called lesser demons. They cause harmless, ineffectual chaos, and are quick to submit to the will of magicians who summon them through intimidation.

**WHAT YOU’LL NEED:**

5 black candles
sandalwood incense
athame/controlling weapon
inverted pentagram

**INSTRUCTIONS:**

1. Cast your magic circle. It should contain an inverted pentagram with the spirit point facing south.

2. Place the black candles on every point of your inverted pentagram. Light them in a counter-clockwise rotation.

3. Light the dragon’s blood incense.

4. Recite the following incantation:

   Demons lurking in cover of night  
   Uncloak your shadow to witch’s sight  
   Come forth and show yourself to me  
   As I will it, so mote it be

5. Wait ten seconds for a response.

   If you receive no response, repeat the incantation and wait another ten seconds. If you do not receive a reply again, you may try one more time.

   If you do receive a response, begin the conversation by asking simple yes or no questions. Demons are skilled at communicating with the physical plane, so in no time at all you should be able to have complex conversations telepathically. Be forceful and direct.

   If it imposes itself or propositions you, threaten it with your controlling weapon. Lesser demons are easily intimidated into submission. If it is not frightened off immediately, it will do as you order it to. When it is under your command, order it to reveal its name. Memorize it or write it down in your tome, else you won’t be able to summon this particular lesser demon at a later date.
6. When you are ready to release the demon, recite the following incantation:

_Demon from the lower plane, (alternatively, [demon’s name] of the lower plane)  
Return to the shadows from whence you came  
Withdraw yourself at once from me  
As I will it, so mote it be_

7. Close your magic circle.

8. Snuff out the candles in a clockwise rotation.

9. Wait ten seconds to make sure all contact has been severed. If you still sense the demon’s presence, repeat the incantation a second time. If the demon still has not left, brandish your controlling weapon and repeat the incantation a third time, raising your voice as you do. This should cause a lesser demon to flee.

However, if you have unwittingly summoned a greater demon masquerading as a lesser demon into your magic circle – as greater demons are wont to do – it may take its chances attacking you. If this is the case, stave off its psychic assault by holding your controlling weapon close and channeling positive magical energy into it. If your will is too great for the demon to overcome, it will retreat to the lower plane. If it overpowers you, you have been possessed; forego all spell casting and perform an exorcism right as soon as possible.

_If you received no response, you may make another attempt on the next power day, though the likelihood of a failed demonic summoning is fairly slim. Demons of every caliber are constantly seeking open portals to enter through, invited or not; an invitation, however, spares them the trouble of fighting their way through._

_If you did receive a response, you have now issued the lesser demon an invitation to enter your magic circle whenever it is open. It can be ordered to perform your bidding through small acts of mischief._

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**SUMMON A SPIRIT ANIMAL**

All people are born with a “spirit guide” – an astral being invested personally in their flourishing. For Wiccans, shamans and druids, they take the form of an animal. Which animal depends on your personality; the Native Americans had an association to accompany most common North American fauna, all of which are commonly cited.

- **Alligator** – survival, stealth  
- **Antelope** – speed, grace, rapid advancement  
- **Bear** – strength, introspection, self-knowledge  
- **Beaver** – building, shaping, structure  
- **Bee** – service, gathering, community
**Bird** – freedom, individuality  
**Buffalo** – abundance, healing, good fortune  
**Butterfly** – transformation, balance, grace  
**Caribou** – travel, mobility  
**Cougar** – balance, leadership  
**Coyote** – humor, trickiness, reversal of fortune  
**Crane** – balance, majesty  
**Crow** – council, wisdom, resourcefulness  
**Deer** – gentility, sensitivity, peace  
**Dolphin** – joy, harmony, connection with the self  
**Dragonfly** – skill, refinement, restlessness  
**Eagle** – potency, healing power, illumination  
**Elk** – pride, power, majesty  
**Fox** – cleverness, subtlety, discretion  
**Frog** – cleansing, peace, emotional healing  
**Goat** – tenacity, diligence  
**Goose** – safe return, love of home  
**Hawk** – awareness, truth  
**Hedgehog** – self-preservation, happiness, industriousness  
**Horse** – freedom, power, safe movement  
**Lizard** – letting go, old wisdom, elusiveness  
**Loon** – communication, serenity  
**Moose** – unpredictability, spontaneity, confidence  
**Mouse** – illusion, charm, cleverness,  
**Otter** – joy, laughter, light-heartedness  
**Owl** – wisdom, vision, insight  
**Porcupine** – innocence, humility  
**Quail** – protectiveness, group harmony  
**Rabbit** – conquering fear, safety, innocence  
**Raven** – mysterious, exploration of the unknown, messenger from the other side  
**Salmon** – trust, strength, determination, persistence, single-mindedness  
**Seagull** – carefree, versatility, survival  
**Seal** – contentment, intelligence, harmony  
**Skunk** – caution, warning, respect  
**Snail** – perseverance, determination, patience  
**Snake** – power, life force, sexual potency  
**Spider** – interconnectedness, industriousness, web of life  
**Squirrel** – trust, thriftiness, simplicity  
**Swan** – elegance, nurturing togetherness, romantic relationships  
**Turtle** – protection, healing, knowledge  
**Wolf** – loyalty, independence, skill  
**Whale** – creativity, intuition, deep thought, introspection

Spirit animals usually reveal themselves to magicians in dreams. With this spell, they can be called into magic circles for more immediate (and lucid) conferences.

**WHAT YOU’LL NEED:**

- 5 purple candles
- camphor incense
- pentagram

**INSTRUCTIONS:**

1. Cast your magic circle. It should contain a pentagram with the spirit point facing north.

2. Place the purple candles on every point of your inverted pentagram. Light them in a clockwise rotation.

3. Recite the following incantation:

   *Guardian of the dream world*
I call you to my side
Reveal to me my spirit animal
My protector and my guide

4. Meditate, calmly assessing your character. In doing so, you are releasing a “scent” into the astral plane that your spirit animal will use to track you. First, however, it must find you, and the plane is often a vast and harrowing landscape.

If you receive no response, repeat the incantation and wait another ten seconds. If you do not receive a reply again, you may try one more time.

If you do receive a response, begin the conversation by asking simple yes or no questions. Over time, your connection will strengthen; when it is at its strongest, it will enable you to communicate complex ideas telepathically.

5. When you are ready to release the spirit, thank it for its time and wish it farewell before closing your magic circle.

6. Snuff out the candles in a clockwise rotation.

If you received no response, you may make another attempt on the next power day. Pay close attention to your dreams during the interim period.

Also, be mindful of animals making their presence known to you in the physical plane. Physical plane animals are, on the whole, more intuitively aware of magic than humans, and they too can detect the “scent” you project into the astral plane. If your spirit animal reveals itself to you in the physical plane, be sure to make a positive first impression.

If you did receive a response, you have now issued the spirit guide an invitation to enter your magic circle whenever it is open. Animals with traits conducive to certain domains of magic will increase your potency in that domain when they are present for rituals.